































## Metompkin Inlet, VA - Sep 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:50	2.9	5:35	4.1	10:34	0.7			6:32	7:31	
2	Tue	5:53	2.9	6:32	4.2	12:01	0.9	11:34 AM	0.7	6:33	7:30	
3	Wed	6:45	3.1	7:19	4.2	12:55	0.9	12:30	0.6	6:34	7:28	
4	Thu	7:29	3.3	8:00	4.3	1:38	0.8	1:18	0.4	6:35	7:27	
5	Fri	8:09	3.5	8:37	4.3	2:13	0.7	2:01	0.3	6:36	7:25	
6	Sat	8:48	3.7	9:14	4.3	2:44	0.6	2:40	0.3	6:37	7:24	
7	Sun	9:27	3.8	9:50	4.3	3:15	0.5	3:18	0.3	6:37	7:22	
8	Mon	10:05	4.0	10:26	4.2	3:46	0.5	3:57	0.4	6:38	7:21	
9	Tue	10:43	4.1	11:03	4.0	4:18	0.6	4:35	0.5	6:39	7:19	
10	Wed	11:21	4.1	11:39	3.8	4:52	0.6	5:16	0.7	6:40	7:18	
11	Thu			12:00	4.2	5:26	0.8	6:00	0.9	6:41	7:16	
12	Fri	12:17	3.6	12:41	4.1	6:04	0.9	6:47	1.1	6:42	7:15	
13	Sat	12:58	3.4	1:27	4.1	6:47	1.0	7:41	1.2	6:42	7:13	
14	Sun	1:44	3.2	2:21	4.1	7:36	1.1	8:39	1.3	6:43	7:12	
15	Mon	2:41	3.1	3:23	4.2	8:33	1.1	9:42	1.3	6:44	7:10	
16	Tue	3:46	3.1	4:29	4.3	9:35	0.9	10:45	1.1	6:45	7:08	
17	Wed	4:53	3.2	5:33	4.6	10:39	0.7	11:45	0.8	6:46	7:07	
18	Thu	5:54	3.5	6:30	4.8	11:43	0.3			6:47	7:05	
19	Fri	6:51	3.9	7:24	5.0	12:41	0.4	12:44	-0.1	6:47	7:04	
20	Sat	7:45	4.3	8:15	5.1	1:32	0.1	1:41	-0.4	6:48	7:02	
21	Sun	8:37	4.7	9:05	5.1	2:19	-0.3	2:35	-0.6	6:49	7:01	
22	Mon	9:28	5.0	9:54	4.9	3:05	-0.5	3:28	-0.7	6:50	6:59	
23	Tue	10:18	5.1	10:42	4.6	3:50	-0.6	4:21	-0.6	6:51	6:58	
24	Wed	11:08	5.2	11:31	4.2	4:35	-0.5	5:15	-0.4	6:52	6:56	
25	Thu	11:59	5.0			5:22	-0.3	6:11	0.0	6:52	6:55	
26	Fri	12:21	3.8	12:52	4.8	6:12	0.0	7:11	0.4	6:53	6:53	
27	Sat	1:13	3.4	1:48	4.5	7:06	0.4	8:14	0.7	6:54	6:51	
28	Sun	2:10	3.1	2:51	4.2	8:04	0.7	9:21	1.0	6:55	6:50	
29	Mon	3:16	2.9	4:00	4.0	9:06	0.9	10:30	1.1	6:56	6:48	
30	Tue	4:27	2.9	5:09	4.0	10:10	1.0	11:33	1.1	6:57	6:47	