

































Metompkin Inlet, VA - Oct 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:32	3.0	6:06	4.0	11:13	0.9			6:58	6:45	
2	Thu	6:23	3.2	6:51	4.1	12:24	1.0	12:08	0.8	6:59	6:44	
3	Fri	7:05	3.5	7:29	4.1	1:02	0.9	12:56	0.7	6:59	6:42	
4	Sat	7:43	3.7	8:06	4.2	1:35	0.8	1:38	0.5	7:00	6:41	
5	Sun	8:21	4.0	8:42	4.2	2:05	0.6	2:17	0.4	7:01	6:39	
6	Mon	8:58	4.2	9:18	4.1	2:36	0.5	2:55	0.4	7:02	6:38	
7	Tue	9:35	4.4	9:55	4.0	3:08	0.5	3:33	0.4	7:03	6:36	
8	Wed	10:13	4.5	10:32	3.9	3:40	0.5	4:12	0.5	7:04	6:35	
9	Thu	10:51	4.5	11:09	3.7	4:14	0.6	4:52	0.6	7:05	6:33	
10	Fri	11:30	4.5	11:48	3.5	4:50	0.7	5:36	0.8	7:06	6:32	
11	Sat			12:12	4.4	5:29	0.8	6:24	1.0	7:07	6:30	
12	Sun	12:30	3.3	1:00	4.4	6:14	0.9	7:19	1.1	7:08	6:29	
13	Mon	1:19	3.2	1:55	4.3	7:08	1.0	8:18	1.2	7:08	6:28	
14	Tue	2:18	3.1	2:58	4.3	8:09	1.0	9:20	1.1	7:09	6:26	
15	Wed	3:25	3.1	4:04	4.4	9:15	0.9	10:21	0.9	7:10	6:25	
16	Thu	4:33	3.4	5:08	4.5	10:22	0.6	11:19	0.6	7:11	6:23	
17	Fri	5:36	3.7	6:07	4.6	11:27	0.3			7:12	6:22	
18	Sat	6:33	4.2	7:00	4.7	12:13	0.3	12:29	0.0	7:13	6:21	
19	Sun	7:26	4.6	7:51	4.7	1:03	-0.1	1:27	-0.3	7:14	6:19	
20	Mon	8:17	5.0	8:41	4.6	1:50	-0.4	2:21	-0.6	7:15	6:18	
21	Tue	9:07	5.2	9:30	4.4	2:36	-0.6	3:14	-0.6	7:16	6:17	
22	Wed	9:56	5.3	10:18	4.1	3:21	-0.6	4:05	-0.5	7:17	6:15	
23	Thu	10:45	5.3	11:07	3.8	4:06	-0.5	4:57	-0.3	7:18	6:14	
24	Fri	11:35	5.1	11:56	3.5	4:53	-0.3	5:51	0.0	7:19	6:13	
25	Sat			12:26	4.7	5:43	0.1	6:48	0.4	7:20	6:12	
26	Sun	12:47	3.2	1:20	4.4	6:36	0.4	7:48	0.7	7:21	6:10	
27	Mon	1:43	3.0	2:19	4.1	7:34	0.7	8:51	0.9	7:22	6:09	
28	Tue	2:45	2.9	3:23	3.8	8:36	0.9	9:53	1.1	7:23	6:08	
29	Wed	3:53	2.9	4:27	3.7	9:39	1.0	10:48	1.1	7:24	6:07	
30	Thu	4:57	3.0	5:23	3.7	10:40	1.0	11:35	1.0	7:25	6:06	
31	Fri	5:49	3.3	6:10	3.7	11:36	0.9			7:26	6:05	