

































Metompkin Inlet, VA - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:35	3.8	5:49	3.3	11:37	0.7	11:38	0.4	6:58	4:44	
2	Tue	6:17	4.1	6:31	3.3			12:22	0.5	6:59	4:43	
3	Wed	6:58	4.3	7:13	3.3	12:17	0.2	1:06	0.3	7:00	4:43	
4	Thu	7:39	4.5	7:55	3.3	12:57	0.1	1:48	0.2	7:01	4:43	
5	Fri	8:21	4.6	8:38	3.3	1:38	0.0	2:31	0.1	7:02	4:43	
6	Sat	9:05	4.7	9:22	3.3	2:19	-0.1	3:15	0.1	7:03	4:43	
7	Sun	9:50	4.7	10:08	3.2	3:03	-0.1	4:02	0.2	7:04	4:43	
8	Mon	10:37	4.6	10:56	3.2	3:49	-0.1	4:51	0.2	7:04	4:43	
9	Tue	11:27	4.5	11:49	3.1	4:40	0.0	5:44	0.2	7:05	4:43	
10	Wed			12:19	4.3	5:37	0.1	6:38	0.2	7:06	4:43	
11	Thu	12:47	3.2	1:15	4.1	6:39	0.2	7:33	0.1	7:07	4:43	
12	Fri	1:49	3.3	2:15	3.9	7:45	0.3	8:27	0.0	7:08	4:44	
13	Sat	2:55	3.5	3:16	3.7	8:51	0.2	9:21	-0.1	7:08	4:44	
14	Sun	3:58	3.9	4:16	3.5	9:58	0.1	10:14	-0.3	7:09	4:44	
15	Mon	4:56	4.2	5:13	3.4	11:03	-0.1	11:07	-0.5	7:10	4:44	
16	Tue	5:50	4.5	6:07	3.3			12:04	-0.2	7:10	4:45	
17	Wed	6:42	4.7	6:58	3.2			12:59	-0.4	7:11	4:45	
18	Thu	7:31	4.7	7:47	3.2	12:47	-0.7	1:49	-0.4	7:12	4:45	
19	Fri	8:20	4.7	8:35	3.1	1:35	-0.7	2:37	-0.4	7:12	4:46	
20	Sat	9:07	4.6	9:22	3.1	2:21	-0.7	3:23	-0.3	7:13	4:46	
21	Sun	9:53	4.5	10:09	3.0	3:07	-0.5	4:08	-0.1	7:13	4:47	
22	Mon	10:39	4.2	10:54	2.9	3:53	-0.3	4:54	0.1	7:14	4:47	
23	Tue	11:23	4.0	11:41	2.8	4:40	-0.1	5:40	0.3	7:14	4:48	
24	Wed			12:08	3.7	5:29	0.2	6:25	0.4	7:15	4:48	
25	Thu	12:30	2.8	12:54	3.4	6:21	0.5	7:09	0.5	7:15	4:49	
26	Fri	1:22	2.8	1:43	3.2	7:15	0.7	7:53	0.6	7:15	4:50	
27	Sat	2:17	2.9	2:34	3.0	8:11	0.8	8:37	0.6	7:16	4:50	
28	Sun	3:13	3.1	3:27	2.9	9:07	0.8	9:21	0.5	7:16	4:51	
29	Mon	4:06	3.3	4:19	2.9	10:04	0.8	10:07	0.4	7:16	4:52	
30	Tue	4:55	3.6	5:08	2.9	10:59	0.7	10:54	0.3	7:16	4:52	
31	Wed	5:42	3.9	5:56	2.9	11:51	0.5	11:40	0.1	7:17	4:53	