


































Metompkin Inlet, VA - Oct 2060

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 1:08 | 3.1 | 1:40 | 4.0 | 6:53 | 1.2 | 7:58 | 1.5 | 6:58 | 6:44 |  |
| 2 | Sat | 1:59 | 3.0 | 2:36 | 4.0 | 7:46 | 1.3 | 8:56 | 1.5 | 6:59 | 6:43 |  |
| 3 | Sun | 2:58 | 2.9 | 3:39 | 4.0 | 8:46 | 1.3 | 9:56 | 1.4 | 7:00 | 6:41 |  |
| 4 | Mon | 4:04 | 3.0 | 4:42 | 4.2 | 9:48 | 1.1 | 10:54 | 1.2 | 7:01 | 6:40 |  |
| 5 | Tue | 5:06 | 3.3 | 5:40 | 4.4 | 10:51 | 0.9 | 11:47 | 0.9 | 7:02 | 6:38 |  |
| 6 | Wed | 6:03 | 3.7 | 6:32 | 4.6 | 11:51 | 0.5 | | | 7:03 | 6:37 |  |
| 7 | Thu | 6:54 | 4.1 | 7:21 | 4.8 | 12:37 | 0.5 | 12:48 | 0.1 | 7:04 | 6:35 |  |
| 8 | Fri | 7:44 | 4.6 | 8:09 | 4.8 | 1:23 | 0.1 | 1:43 | -0.2 | 7:05 | 6:34 |  |
| 9 | Sat | 8:33 | 5.0 | 8:57 | 4.8 | 2:08 | -0.3 | 2:35 | -0.5 | 7:05 | 6:32 |  |
| 10 | Sun | 9:22 | 5.3 | 9:46 | 4.6 | 2:52 | -0.5 | 3:27 | -0.6 | 7:06 | 6:31 |  |
| 11 | Mon | 10:12 | 5.5 | 10:35 | 4.3 | 3:37 | -0.6 | 4:20 | -0.5 | 7:07 | 6:29 |  |
| 12 | Tue | 11:03 | 5.4 | 11:25 | 4.0 | 4:23 | -0.5 | 5:14 | -0.3 | 7:08 | 6:28 |  |
| 13 | Wed | 11:55 | 5.2 | | | 5:12 | -0.3 | 6:12 | 0.1 | 7:09 | 6:27 |  |
| 14 | Thu | 12:17 | 3.6 | 12:50 | 4.9 | 6:06 | 0.0 | 7:14 | 0.4 | 7:10 | 6:25 |  |
| 15 | Fri | 1:13 | 3.3 | 1:51 | 4.6 | 7:04 | 0.3 | 8:20 | 0.7 | 7:11 | 6:24 |  |
| 16 | Sat | 2:16 | 3.1 | 2:58 | 4.3 | 8:08 | 0.6 | 9:28 | 0.8 | 7:12 | 6:22 |  |
| 17 | Sun | 3:27 | 3.0 | 4:11 | 4.1 | 9:16 | 0.7 | 10:35 | 0.9 | 7:13 | 6:21 |  |
| 18 | Mon | 4:43 | 3.1 | 5:18 | 4.0 | 10:24 | 0.8 | 11:34 | 0.8 | 7:14 | 6:20 |  |
| 19 | Tue | 5:47 | 3.2 | 6:12 | 4.0 | 11:28 | 0.7 | | | 7:15 | 6:18 |  |
| 20 | Wed | 6:35 | 3.5 | 6:56 | 3.9 | 12:21 | 0.7 | 12:25 | 0.6 | 7:16 | 6:17 |  |
| 21 | Thu | 7:15 | 3.8 | 7:33 | 3.9 | 12:59 | 0.6 | 1:12 | 0.5 | 7:17 | 6:16 |  |
| 22 | Fri | 7:52 | 4.0 | 8:09 | 3.9 | 1:32 | 0.5 | 1:54 | 0.4 | 7:18 | 6:15 |  |
| 23 | Sat | 8:28 | 4.2 | 8:45 | 3.8 | 2:04 | 0.4 | 2:33 | 0.4 | 7:19 | 6:13 |  |
| 24 | Sun | 9:05 | 4.4 | 9:22 | 3.7 | 2:35 | 0.4 | 3:10 | 0.4 | 7:20 | 6:12 |  |
| 25 | Mon | 9:42 | 4.5 | 10:00 | 3.6 | 3:07 | 0.4 | 3:47 | 0.4 | 7:21 | 6:11 |  |
| 26 | Tue | 10:20 | 4.5 | 10:38 | 3.5 | 3:41 | 0.5 | 4:25 | 0.6 | 7:22 | 6:10 |  |
| 27 | Wed | 10:59 | 4.4 | 11:17 | 3.3 | 4:16 | 0.6 | 5:06 | 0.8 | 7:23 | 6:08 |  |
| 28 | Thu | 11:40 | 4.3 | 11:57 | 3.2 | 4:53 | 0.8 | 5:50 | 1.0 | 7:24 | 6:07 |  |
| 29 | Fri | | | 12:23 | 4.2 | 5:34 | 0.9 | 6:38 | 1.1 | 7:25 | 6:06 |  |
| 30 | Sat | 12:41 | 3.0 | 1:11 | 4.1 | 6:22 | 1.0 | 7:31 | 1.2 | 7:26 | 6:05 |  |
| 31 | Sun | 1:31 | 2.9 | 2:05 | 4.1 | 7:17 | 1.1 | 8:27 | 1.2 | 7:27 | 6:04 |  |