































Metompkin Inlet, VA - Jan 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:43	3.9	4:01	3.1	9:50	0.2	9:50	-0.3	7:17	4:54	
2	Sun	4:43	4.2	5:01	3.0	10:56	0.0	10:50	-0.5	7:17	4:55	
3	Mon	5:43	4.5	5:55	3.0	11:56	-0.2	11:50	-0.7	7:17	4:56	
4	Tue	6:37	4.7	6:55	3.1			12:56	-0.4	7:17	4:57	
5	Wed	7:31	4.8	7:49	3.1	12:44	-0.9	1:50	-0.5	7:17	4:58	
6	Thu	8:25	4.8	8:37	3.2	1:38	-1.0	2:38	-0.6	7:17	4:59	
7	Fri	9:13	4.7	9:31	3.2	2:26	-1.0	3:26	-0.5	7:17	5:00	
8	Sat	10:01	4.5	10:19	3.2	3:14	-0.9	4:14	-0.4	7:17	5:01	
9	Sun	10:49	4.2	11:07	3.1	4:08	-0.7	5:02	-0.3	7:17	5:02	
10	Mon	11:31	3.9	11:55	3.1	4:56	-0.4	5:44	-0.1	7:17	5:03	
11	Tue			12:19	3.5	5:50	0.0	6:26	0.1	7:16	5:04	
12	Wed	12:43	3.1	1:01	3.1	6:44	0.3	7:08	0.2	7:16	5:05	
13	Thu	1:37	3.1	1:49	2.8	7:38	0.5	7:56	0.4	7:16	5:06	
14	Fri	2:31	3.1	2:43	2.6	8:38	0.7	8:38	0.4	7:16	5:07	
15	Sat	3:25	3.2	3:37	2.5	9:32	0.8	9:26	0.4	7:15	5:08	
16	Sun	4:19	3.3	4:31	2.5	10:32	0.8	10:20	0.4	7:15	5:09	
17	Mon	5:13	3.5	5:25	2.5	11:26	0.7	11:08	0.2	7:15	5:10	
18	Tue	6:01	3.7	6:13	2.7			12:14	0.5	7:14	5:11	
19	Wed	6:49	3.9	6:55	2.8			1:02	0.4	7:14	5:12	
20	Thu	7:31	4.1	7:43	2.9	12:44	-0.2	1:38	0.2	7:13	5:13	
21	Fri	8:13	4.3	8:25	3.1	1:26	-0.4	2:20	0.0	7:13	5:14	
22	Sat	8:55	4.4	9:07	3.2	2:08	-0.5	3:02	-0.1	7:12	5:15	
23	Sun	9:37	4.4	9:55	3.4	2:56	-0.6	3:44	-0.2	7:11	5:16	
24	Mon	10:19	4.3	10:37	3.5	3:38	-0.5	4:20	-0.3	7:11	5:17	
25	Tue	11:01	4.1	11:25	3.6	4:26	-0.4	5:08	-0.3	7:10	5:18	
26	Wed	11:49	3.8			5:20	-0.3	5:50	-0.3	7:09	5:19	
27	Thu	12:13	3.7	12:37	3.5	6:20	-0.1	6:38	-0.3	7:09	5:21	
28	Fri	1:13	3.8	1:31	3.2	7:20	0.1	7:32	-0.2	7:08	5:22	
29	Sat	2:13	3.8	2:31	2.9	8:26	0.2	8:32	-0.2	7:07	5:23	
30	Sun	3:19	3.9	3:37	2.7	9:32	0.2	9:32	-0.3	7:06	5:24	
31	Mon	4:25	4.0	4:43	2.7	10:44	0.1	10:32	-0.4	7:06	5:25	