

































Metompkin Inlet, VA - Mar 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:15	3.9	4:35	2.6	10:36	0.3	10:24	-0.1	6:32	5:56	
2	Wed	5:22	4.0	5:38	2.8	11:41	0.2	11:28	-0.3	6:31	5:57	
3	Thu	6:20	4.1	6:32	3.0			12:34	0.0	6:29	5:58	
4	Fri	7:09	4.1	7:20	3.3	12:25	-0.5	1:18	-0.2	6:28	5:59	
5	Sat	7:53	4.1	8:04	3.5	1:15	-0.6	1:56	-0.3	6:26	6:00	
6	Sun	8:33	4.0	8:45	3.7	2:00	-0.7	2:32	-0.3	6:25	6:01	
7	Mon	9:12	3.9	9:25	3.8	2:42	-0.6	3:06	-0.3	6:23	6:02	
8	Tue	9:49	3.7	10:04	3.8	3:23	-0.5	3:40	-0.2	6:22	6:03	
9	Wed	10:26	3.5	10:43	3.8	4:04	-0.2	4:15	0.0	6:21	6:04	
10	Thu	11:04	3.2	11:24	3.7	4:46	0.0	4:51	0.2	6:19	6:05	
11	Fri	11:43	3.0			5:30	0.3	5:30	0.5	6:18	6:06	
12	Sat	12:07	3.6	12:26	2.8	6:17	0.6	6:14	0.6	6:16	6:07	
13	Sun	12:55	3.4	2:14	2.6	8:09	0.9	8:03	0.8	7:15	7:08	
14	Mon	2:50	3.4	3:10	2.5	9:05	1.1	8:59	0.8	7:13	7:09	
15	Tue	3:53	3.4	4:12	2.5	10:05	1.1	9:58	0.8	7:12	7:09	
16	Wed	4:57	3.5	5:14	2.7	11:05	1.0	10:59	0.6	7:10	7:10	
17	Thu	5:54	3.7	6:09	2.9			12:00	0.8	7:09	7:11	
18	Fri	6:45	4.0	6:59	3.3			12:49	0.5	7:07	7:12	
19	Sat	7:32	4.2	7:47	3.7	12:51	-0.1	1:34	0.1	7:06	7:13	
20	Sun	8:17	4.4	8:33	4.1	1:42	-0.4	2:16	-0.2	7:04	7:14	
21	Mon	9:02	4.4	9:20	4.4	2:31	-0.7	2:57	-0.5	7:03	7:15	
22	Tue	9:47	4.4	10:06	4.7	3:20	-0.8	3:39	-0.6	7:01	7:16	
23	Wed	10:32	4.2	10:54	4.8	4:09	-0.9	4:22	-0.7	6:59	7:17	
24	Thu	11:19	3.9	11:43	4.8	5:00	-0.7	5:07	-0.6	6:58	7:18	
25	Fri			12:07	3.6	5:54	-0.5	5:56	-0.4	6:56	7:19	
26	Sat	12:36	4.6	12:59	3.3	6:53	-0.2	6:51	-0.2	6:55	7:20	
27	Sun	1:33	4.4	1:56	3.0	7:55	0.1	7:51	0.0	6:53	7:21	
28	Mon	2:37	4.1	3:03	2.8	9:02	0.4	8:57	0.2	6:52	7:21	
29	Tue	3:49	3.9	4:17	2.7	10:13	0.5	10:06	0.2	6:50	7:22	
30	Wed	5:04	3.8	5:29	2.9	11:21	0.5	11:15	0.2	6:49	7:23	
31	Thu	6:09	3.8	6:29	3.1			12:21	0.4	6:47	7:24	