
































## Metompkin Inlet, VA - Jun 2063

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:17	4.8	12:43	3.4	6:35	0.1	6:31	0.0	5:42	8:18	
2	Sat	1:11	4.5	1:41	3.4	7:30	0.1	7:34	0.2	5:41	8:19	
3	Sun	2:07	4.2	2:43	3.5	8:24	0.1	8:40	0.3	5:41	8:19	
4	Mon	3:07	3.9	3:48	3.7	9:18	0.1	9:46	0.3	5:41	8:20	
5	Tue	4:08	3.6	4:51	4.0	10:10	0.0	10:53	0.3	5:41	8:20	
6	Wed	5:08	3.4	5:48	4.2	11:02	0.0	11:58	0.2	5:40	8:21	
7	Thu	6:04	3.3	6:40	4.4	11:54	-0.1			5:40	8:22	
8	Fri	6:57	3.2	7:29	4.6	12:58	0.1	12:43	-0.1	5:40	8:22	
9	Sat	7:46	3.1	8:16	4.6	1:51	0.0	1:31	-0.2	5:40	8:23	
10	Sun	8:33	3.1	9:02	4.6	2:39	0.0	2:17	-0.1	5:40	8:23	
11	Mon	9:19	3.1	9:47	4.5	3:23	0.0	3:01	-0.1	5:40	8:24	
12	Tue	10:03	3.1	10:31	4.4	4:05	0.1	3:45	0.0	5:40	8:24	
13	Wed	10:47	3.1	11:14	4.3	4:46	0.3	4:28	0.2	5:40	8:24	
14	Thu	11:31	3.0	11:56	4.1	5:28	0.4	5:12	0.3	5:40	8:25	
15	Fri			12:15	3.0	6:09	0.6	5:58	0.5	5:40	8:25	
16	Sat	12:39	3.9	1:01	3.1	6:51	0.7	6:47	0.8	5:40	8:26	
17	Sun	1:22	3.7	1:48	3.1	7:33	0.8	7:38	0.9	5:40	8:26	
18	Mon	2:06	3.5	2:39	3.2	8:14	0.8	8:32	1.0	5:40	8:26	
19	Tue	2:54	3.3	3:32	3.4	8:57	0.8	9:27	1.1	5:40	8:27	
20	Wed	3:46	3.2	4:25	3.6	9:41	0.8	10:24	1.0	5:40	8:27	
21	Thu	4:39	3.1	5:16	3.9	10:27	0.7	11:21	0.9	5:41	8:27	
22	Fri	5:32	3.1	6:07	4.2	11:16	0.5			5:41	8:27	
23	Sat	6:23	3.1	6:57	4.5	12:18	0.7	12:07	0.3	5:41	8:27	
24	Sun	7:14	3.2	7:47	4.8	1:12	0.4	12:58	0.1	5:41	8:27	
25	Mon	8:05	3.3	8:37	5.0	2:03	0.2	1:50	-0.2	5:42	8:28	
26	Tue	8:56	3.4	9:29	5.2	2:53	0.0	2:41	-0.4	5:42	8:28	
27	Wed	9:48	3.5	10:20	5.2	3:43	-0.2	3:32	-0.5	5:43	8:28	
28	Thu	10:41	3.6	11:11	5.1	4:32	-0.3	4:26	-0.5	5:43	8:28	
29	Fri	11:34	3.7			5:22	-0.3	5:21	-0.4	5:43	8:28	
30	Sat	12:02	4.9	12:28	3.8	6:13	-0.3	6:20	-0.2	5:44	8:28	