

































## Metompkin Inlet, VA - Aug 2064

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:54	3.7			5:33	0.4	5:46	0.5	6:07	8:10	
2	Sat	12:12	3.8	12:36	3.7	6:10	0.5	6:32	0.8	6:08	8:09	
3	Sun	12:51	3.5	1:19	3.7	6:48	0.7	7:21	1.0	6:08	8:08	
4	Mon	1:33	3.3	2:06	3.7	7:28	0.8	8:13	1.2	6:09	8:07	
5	Tue	2:19	3.0	2:59	3.7	8:13	0.9	9:08	1.3	6:10	8:06	
6	Wed	3:12	2.9	3:57	3.8	9:03	1.0	10:06	1.4	6:11	8:05	
7	Thu	4:11	2.8	4:56	4.0	9:57	0.9	11:06	1.3	6:12	8:03	
8	Fri	5:10	2.9	5:53	4.2	10:54	0.8			6:13	8:02	
9	Sat	6:06	3.1	6:45	4.5	12:04	1.1	11:51 AM	0.5	6:13	8:01	
10	Sun	6:59	3.3	7:35	4.8	12:57	0.8	12:46	0.2	6:14	8:00	
11	Mon	7:50	3.6	8:23	5.0	1:46	0.4	1:39	-0.1	6:15	7:59	
12	Tue	8:40	3.9	9:10	5.1	2:31	0.1	2:30	-0.4	6:16	7:58	
13	Wed	9:29	4.2	9:57	5.0	3:15	-0.2	3:21	-0.5	6:17	7:56	
14	Thu	10:19	4.5	10:44	4.9	3:58	-0.3	4:12	-0.5	6:18	7:55	
15	Fri	11:08	4.7	11:31	4.6	4:43	-0.4	5:05	-0.4	6:19	7:54	
16	Sat	11:59	4.7			5:28	-0.4	6:01	-0.1	6:19	7:53	
17	Sun	12:19	4.2	12:51	4.7	6:17	-0.3	7:01	0.2	6:20	7:51	
18	Mon	1:10	3.8	1:48	4.6	7:08	-0.1	8:04	0.4	6:21	7:50	
19	Tue	2:05	3.4	2:50	4.4	8:04	0.1	9:11	0.7	6:22	7:49	
20	Wed	3:08	3.1	3:59	4.3	9:04	0.3	10:21	0.8	6:23	7:47	
21	Thu	4:17	2.9	5:09	4.3	10:07	0.4	11:32	0.8	6:24	7:46	
22	Fri	5:26	2.9	6:13	4.3	11:11	0.4			6:25	7:45	
23	Sat	6:27	3.1	7:07	4.3	12:35	0.7	12:12	0.3	6:25	7:43	
24	Sun	7:18	3.2	7:52	4.4	1:25	0.6	1:07	0.2	6:26	7:42	
25	Mon	8:03	3.4	8:33	4.4	2:06	0.5	1:54	0.1	6:27	7:40	
26	Tue	8:44	3.6	9:10	4.3	2:41	0.4	2:37	0.1	6:28	7:39	
27	Wed	9:24	3.8	9:47	4.3	3:13	0.3	3:17	0.1	6:29	7:38	
28	Thu	10:02	4.0	10:23	4.1	3:45	0.3	3:56	0.2	6:30	7:36	
29	Fri	10:41	4.1	11:00	3.9	4:17	0.4	4:36	0.4	6:30	7:35	
30	Sat	11:20	4.1	11:37	3.7	4:50	0.5	5:16	0.6	6:31	7:33	
31	Sun	11:59	4.1			5:25	0.7	5:59	0.9	6:32	7:32	