

































## Metompkin Inlet, VA - Jan 2067

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:46	4.1	8:57	3.1	2:03	-0.3	2:52	0.1	7:17	4:54	
2	Sun	9:25	4.1	9:38	3.1	2:42	-0.2	3:28	0.1	7:17	4:55	
3	Mon	10:04	4.0	10:18	3.1	3:21	-0.1	4:05	0.2	7:17	4:56	
4	Tue	10:42	3.9	10:59	3.2	4:02	0.0	4:43	0.2	7:17	4:57	
5	Wed	11:20	3.7	11:41	3.2	4:45	0.2	5:22	0.3	7:17	4:57	
6	Thu	11:59	3.5			5:31	0.4	6:03	0.3	7:17	4:58	
7	Fri	12:26	3.3	12:43	3.3	6:22	0.5	6:47	0.3	7:17	4:59	
8	Sat	1:17	3.4	1:32	3.1	7:18	0.6	7:35	0.2	7:17	5:00	
9	Sun	2:13	3.5	2:29	3.0	8:17	0.6	8:28	0.1	7:17	5:01	
10	Mon	3:14	3.8	3:30	3.0	9:20	0.5	9:25	-0.1	7:17	5:02	
11	Tue	4:15	4.0	4:31	3.0	10:24	0.3	10:24	-0.4	7:17	5:03	
12	Wed	5:14	4.4	5:31	3.2	11:26	0.0	11:23	-0.7	7:16	5:04	
13	Thu	6:11	4.7	6:27	3.3			12:24	-0.4	7:16	5:05	
14	Fri	7:06	4.9	7:23	3.5	12:21	-1.0	1:18	-0.7	7:16	5:06	
15	Sat	8:00	5.0	8:17	3.7	1:16	-1.3	2:09	-0.9	7:15	5:07	
16	Sun	8:52	5.0	9:11	3.9	2:10	-1.4	2:58	-1.1	7:15	5:08	
17	Mon	9:42	4.8	10:03	3.9	3:03	-1.4	3:47	-1.1	7:15	5:09	
18	Tue	10:31	4.5	10:56	3.9	3:57	-1.2	4:35	-1.0	7:14	5:10	
19	Wed	11:20	4.1	11:48	3.8	4:52	-0.9	5:24	-0.8	7:14	5:11	
20	Thu			12:09	3.7	5:49	-0.6	6:15	-0.6	7:13	5:12	
21	Fri	12:42	3.7	1:00	3.2	6:49	-0.2	7:06	-0.4	7:13	5:13	
22	Sat	1:40	3.5	1:55	2.8	7:50	0.2	7:58	-0.1	7:12	5:15	
23	Sun	2:42	3.4	2:54	2.6	8:55	0.4	8:53	0.0	7:12	5:16	
24	Mon	3:46	3.4	3:55	2.5	10:01	0.5	9:48	0.1	7:11	5:17	
25	Tue	4:46	3.4	4:52	2.5	11:05	0.5	10:43	0.1	7:10	5:18	
26	Wed	5:38	3.5	5:42	2.6	11:58	0.5	11:34	0.0	7:10	5:19	
27	Thu	6:24	3.6	6:28	2.7			12:40	0.4	7:09	5:20	
28	Fri	7:05	3.8	7:10	2.9	12:20	-0.2	1:16	0.2	7:08	5:21	
29	Sat	7:44	3.9	7:52	3.1	1:02	-0.3	1:50	0.1	7:08	5:22	
30	Sun	8:23	4.0	8:33	3.2	1:42	-0.4	2:24	0.0	7:07	5:23	
31	Mon	9:00	4.0	9:12	3.3	2:21	-0.4	2:58	0.0	7:06	5:25	