


































Metompkin Inlet, VA - Oct 2067

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 3:28 | 3.0 | 4:10 | 3.8 | 9:21 | 1.1 | 10:28 | 1.3 | 6:58 | 6:45 |  |
| 2 | Sun | 4:32 | 3.1 | 5:08 | 3.8 | 10:20 | 1.1 | 11:19 | 1.2 | 6:59 | 6:44 |  |
| 3 | Mon | 5:28 | 3.3 | 5:58 | 3.9 | 11:17 | 1.0 | | | 6:59 | 6:42 |  |
| 4 | Tue | 6:16 | 3.5 | 6:41 | 4.0 | 12:02 | 1.1 | 12:08 | 0.9 | 7:00 | 6:41 |  |
| 5 | Wed | 6:59 | 3.8 | 7:21 | 4.0 | 12:40 | 0.9 | 12:54 | 0.7 | 7:01 | 6:39 |  |
| 6 | Thu | 7:39 | 4.1 | 7:59 | 4.1 | 1:16 | 0.7 | 1:37 | 0.6 | 7:02 | 6:38 |  |
| 7 | Fri | 8:19 | 4.4 | 8:38 | 4.1 | 1:52 | 0.6 | 2:18 | 0.4 | 7:03 | 6:36 |  |
| 8 | Sat | 8:58 | 4.6 | 9:17 | 4.1 | 2:28 | 0.4 | 2:58 | 0.4 | 7:04 | 6:35 |  |
| 9 | Sun | 9:38 | 4.7 | 9:57 | 4.0 | 3:04 | 0.3 | 3:39 | 0.4 | 7:05 | 6:33 |  |
| 10 | Mon | 10:19 | 4.8 | 10:37 | 3.9 | 3:42 | 0.3 | 4:22 | 0.4 | 7:06 | 6:32 |  |
| 11 | Tue | 11:01 | 4.8 | 11:19 | 3.8 | 4:21 | 0.4 | 5:07 | 0.5 | 7:07 | 6:30 |  |
| 12 | Wed | 11:46 | 4.8 | | | 5:04 | 0.4 | 5:57 | 0.7 | 7:08 | 6:29 |  |
| 13 | Thu | 12:05 | 3.6 | 12:36 | 4.7 | 5:53 | 0.5 | 6:51 | 0.8 | 7:09 | 6:28 |  |
| 14 | Fri | 12:55 | 3.5 | 1:30 | 4.6 | 6:48 | 0.6 | 7:49 | 0.9 | 7:09 | 6:26 |  |
| 15 | Sat | 1:53 | 3.4 | 2:31 | 4.4 | 7:49 | 0.7 | 8:50 | 0.8 | 7:10 | 6:25 |  |
| 16 | Sun | 2:58 | 3.4 | 3:36 | 4.4 | 8:54 | 0.6 | 9:50 | 0.7 | 7:11 | 6:23 |  |
| 17 | Mon | 4:07 | 3.6 | 4:40 | 4.4 | 10:01 | 0.5 | 10:48 | 0.4 | 7:12 | 6:22 |  |
| 18 | Tue | 5:12 | 3.9 | 5:41 | 4.4 | 11:07 | 0.3 | 11:44 | 0.2 | 7:13 | 6:21 |  |
| 19 | Wed | 6:11 | 4.3 | 6:36 | 4.4 | | | 12:10 | 0.0 | 7:14 | 6:19 |  |
| 20 | Thu | 7:04 | 4.7 | 7:27 | 4.3 | 12:35 | -0.1 | 1:09 | -0.2 | 7:15 | 6:18 |  |
| 21 | Fri | 7:55 | 4.9 | 8:16 | 4.2 | 1:24 | -0.3 | 2:03 | -0.4 | 7:16 | 6:17 |  |
| 22 | Sat | 8:44 | 5.1 | 9:04 | 4.1 | 2:10 | -0.5 | 2:54 | -0.4 | 7:17 | 6:15 |  |
| 23 | Sun | 9:31 | 5.1 | 9:51 | 3.9 | 2:55 | -0.5 | 3:42 | -0.3 | 7:18 | 6:14 |  |
| 24 | Mon | 10:18 | 5.0 | 10:37 | 3.7 | 3:40 | -0.4 | 4:30 | -0.1 | 7:19 | 6:13 |  |
| 25 | Tue | 11:05 | 4.9 | 11:23 | 3.5 | 4:24 | -0.2 | 5:18 | 0.2 | 7:20 | 6:12 |  |
| 26 | Wed | 11:52 | 4.6 | | | 5:10 | 0.1 | 6:07 | 0.5 | 7:21 | 6:10 |  |
| 27 | Thu | 12:10 | 3.3 | 12:40 | 4.3 | 5:58 | 0.4 | 6:59 | 0.8 | 7:22 | 6:09 |  |
| 28 | Fri | 12:58 | 3.2 | 1:30 | 4.0 | 6:50 | 0.7 | 7:52 | 1.0 | 7:23 | 6:08 |  |
| 29 | Sat | 1:51 | 3.0 | 2:23 | 3.8 | 7:45 | 0.9 | 8:44 | 1.1 | 7:24 | 6:07 |  |
| 30 | Sun | 2:49 | 3.0 | 3:20 | 3.6 | 8:42 | 1.1 | 9:35 | 1.2 | 7:25 | 6:06 |  |
| 31 | Mon | 3:49 | 3.1 | 4:17 | 3.6 | 9:40 | 1.1 | 10:23 | 1.1 | 7:26 | 6:05 |  |