

































Metompkin Inlet, VA - May 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:41	3.9	9:07	5.0	2:30	-0.7	2:32	-0.8	6:05	7:53	
2	Wed	9:31	3.8	9:57	5.0	3:20	-0.8	3:19	-0.8	6:04	7:54	
3	Thu	10:20	3.7	10:46	4.8	4:10	-0.6	4:06	-0.6	6:03	7:55	
4	Fri	11:08	3.5	11:34	4.6	4:59	-0.4	4:55	-0.4	6:02	7:56	
5	Sat	11:56	3.3			5:49	-0.1	5:44	-0.1	6:01	7:56	
6	Sun	12:22	4.3	12:45	3.2	6:39	0.1	6:36	0.3	6:00	7:57	
7	Mon	1:11	4.0	1:36	3.1	7:31	0.4	7:31	0.5	5:59	7:58	
8	Tue	2:02	3.7	2:31	3.0	8:21	0.6	8:27	0.7	5:58	7:59	
9	Wed	2:57	3.5	3:29	3.1	9:11	0.7	9:24	0.9	5:57	8:00	
10	Thu	3:53	3.3	4:26	3.2	9:59	0.8	10:21	0.9	5:56	8:01	
11	Fri	4:47	3.3	5:19	3.4	10:44	0.8	11:17	0.8	5:55	8:02	
12	Sat	5:38	3.3	6:06	3.7	11:29	0.7			5:54	8:03	
13	Sun	6:24	3.3	6:50	4.0	12:08	0.7	12:12	0.6	5:53	8:04	
14	Mon	7:08	3.4	7:32	4.2	12:56	0.6	12:55	0.4	5:52	8:04	
15	Tue	7:51	3.4	8:14	4.4	1:40	0.4	1:36	0.3	5:51	8:05	
16	Wed	8:34	3.5	8:57	4.6	2:23	0.2	2:17	0.1	5:51	8:06	
17	Thu	9:17	3.5	9:40	4.7	3:05	0.1	2:59	0.1	5:50	8:07	
18	Fri	10:01	3.5	10:24	4.8	3:48	0.1	3:42	0.0	5:49	8:08	
19	Sat	10:45	3.5	11:09	4.8	4:32	0.1	4:27	0.0	5:48	8:09	
20	Sun	11:32	3.5	11:56	4.7	5:19	0.1	5:15	0.1	5:48	8:10	
21	Mon			12:21	3.5	6:08	0.1	6:08	0.2	5:47	8:10	
22	Tue	12:45	4.5	1:13	3.5	7:00	0.1	7:06	0.3	5:46	8:11	
23	Wed	1:38	4.3	2:11	3.6	7:54	0.1	8:08	0.3	5:46	8:12	
24	Thu	2:35	4.1	3:13	3.7	8:48	0.1	9:12	0.3	5:45	8:13	
25	Fri	3:36	3.9	4:16	4.0	9:43	0.0	10:17	0.2	5:45	8:13	
26	Sat	4:37	3.7	5:18	4.2	10:38	-0.1	11:22	0.1	5:44	8:14	
27	Sun	5:37	3.6	6:15	4.5	11:33	-0.3			5:44	8:15	
28	Mon	6:34	3.6	7:08	4.7	12:25	-0.1	12:27	-0.4	5:43	8:16	
29	Tue	7:28	3.5	8:00	4.9	1:23	-0.3	1:19	-0.5	5:43	8:16	
30	Wed	8:19	3.5	8:49	4.9	2:17	-0.4	2:09	-0.6	5:42	8:17	
31	Thu	9:09	3.5	9:38	4.8	3:06	-0.4	2:57	-0.5	5:42	8:18	