
































Metompkin Inlet, VA - Sep 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:04	4.1	5:30	0.7	6:03	0.9	6:33	7:30	
2	Sun	12:20	3.6	12:47	4.1	6:10	0.8	6:50	1.1	6:34	7:29	
3	Mon	1:01	3.4	1:33	4.0	6:53	0.9	7:42	1.3	6:35	7:27	
4	Tue	1:48	3.3	2:26	4.0	7:43	1.0	8:38	1.3	6:36	7:26	
5	Wed	2:43	3.2	3:26	4.1	8:39	1.0	9:37	1.3	6:36	7:24	
6	Thu	3:45	3.2	4:28	4.3	9:38	0.8	10:37	1.1	6:37	7:23	
7	Fri	4:49	3.4	5:28	4.5	10:39	0.6	11:35	0.8	6:38	7:21	
8	Sat	5:49	3.7	6:23	4.7	11:40	0.3			6:39	7:20	
9	Sun	6:44	4.1	7:16	4.9	12:29	0.4	12:39	-0.1	6:40	7:18	
10	Mon	7:37	4.5	8:07	5.1	1:20	0.0	1:36	-0.4	6:41	7:17	
11	Tue	8:29	4.9	8:57	5.0	2:08	-0.3	2:29	-0.7	6:41	7:15	
12	Wed	9:21	5.1	9:46	4.9	2:55	-0.6	3:22	-0.7	6:42	7:13	
13	Thu	10:12	5.3	10:36	4.7	3:42	-0.7	4:15	-0.7	6:43	7:12	
14	Fri	11:03	5.3	11:26	4.4	4:30	-0.6	5:09	-0.4	6:44	7:10	
15	Sat	11:56	5.1			5:19	-0.5	6:05	-0.1	6:45	7:09	
16	Sun	12:16	4.0	12:50	4.8	6:11	-0.2	7:05	0.3	6:46	7:07	
17	Mon	1:10	3.7	1:47	4.5	7:07	0.1	8:07	0.6	6:46	7:06	
18	Tue	2:08	3.4	2:50	4.3	8:07	0.4	9:13	0.8	6:47	7:04	
19	Wed	3:13	3.2	3:59	4.1	9:09	0.6	10:19	0.9	6:48	7:03	
20	Thu	4:23	3.1	5:06	4.0	10:13	0.7	11:20	0.9	6:49	7:01	
21	Fri	5:27	3.2	6:02	4.0	11:15	0.7			6:50	6:59	
22	Sat	6:19	3.4	6:47	4.0	12:12	0.9	12:10	0.6	6:51	6:58	
23	Sun	7:02	3.6	7:26	4.1	12:54	0.8	12:58	0.5	6:51	6:56	
24	Mon	7:42	3.9	8:04	4.1	1:29	0.6	1:41	0.5	6:52	6:55	
25	Tue	8:20	4.1	8:41	4.1	2:02	0.5	2:20	0.4	6:53	6:53	
26	Wed	8:58	4.3	9:18	4.1	2:35	0.5	2:58	0.4	6:54	6:52	
27	Thu	9:36	4.4	9:55	4.0	3:08	0.4	3:35	0.4	6:55	6:50	
28	Fri	10:15	4.5	10:33	3.9	3:42	0.5	4:14	0.5	6:56	6:49	
29	Sat	10:54	4.5	11:12	3.8	4:18	0.6	4:54	0.7	6:57	6:47	
30	Sun	11:34	4.4	11:51	3.6	4:55	0.7	5:37	0.9	6:58	6:46	