

































Metompkin Inlet, VA - Oct 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:16	4.4	5:35	0.8	6:23	1.1	6:58	6:44	
2	Tue	12:33	3.5	1:03	4.3	6:21	0.9	7:15	1.2	6:59	6:43	
3	Wed	1:21	3.4	1:55	4.2	7:13	1.0	8:11	1.2	7:00	6:41	
4	Thu	2:16	3.3	2:54	4.2	8:11	1.0	9:09	1.1	7:01	6:40	
5	Fri	3:20	3.4	3:57	4.3	9:14	0.9	10:08	0.9	7:02	6:38	
6	Sat	4:25	3.6	4:59	4.4	10:18	0.6	11:05	0.6	7:03	6:37	
7	Sun	5:26	4.0	5:56	4.6	11:21	0.3	11:59	0.2	7:04	6:35	
8	Mon	6:23	4.4	6:50	4.7			12:22	0.0	7:05	6:34	
9	Tue	7:17	4.8	7:42	4.7	12:51	-0.1	1:20	-0.3	7:06	6:32	
10	Wed	8:09	5.2	8:33	4.7	1:40	-0.5	2:14	-0.6	7:06	6:31	
11	Thu	9:00	5.4	9:23	4.5	2:28	-0.7	3:07	-0.7	7:07	6:29	
12	Fri	9:51	5.5	10:13	4.3	3:16	-0.7	3:59	-0.6	7:08	6:28	
13	Sat	10:42	5.4	11:04	4.1	4:04	-0.7	4:52	-0.4	7:09	6:26	
14	Sun	11:34	5.2	11:55	3.8	4:53	-0.4	5:46	-0.1	7:10	6:25	
15	Mon			12:26	4.8	5:46	-0.1	6:43	0.3	7:11	6:24	
16	Tue	12:47	3.5	1:21	4.5	6:41	0.2	7:43	0.6	7:12	6:22	
17	Wed	1:44	3.3	2:20	4.2	7:40	0.5	8:44	0.8	7:13	6:21	
18	Thu	2:46	3.2	3:22	3.9	8:42	0.8	9:44	0.9	7:14	6:20	
19	Fri	3:53	3.2	4:25	3.8	9:45	0.9	10:39	0.9	7:15	6:18	
20	Sat	4:56	3.3	5:22	3.7	10:46	0.9	11:27	0.9	7:16	6:17	
21	Sun	5:48	3.5	6:09	3.7	11:42	0.9			7:17	6:16	
22	Mon	6:32	3.7	6:50	3.7	12:09	0.8	12:31	0.8	7:18	6:14	
23	Tue	7:12	4.0	7:29	3.8	12:46	0.7	1:15	0.6	7:19	6:13	
24	Wed	7:51	4.2	8:08	3.8	1:22	0.5	1:55	0.5	7:20	6:12	
25	Thu	8:30	4.4	8:47	3.8	1:58	0.4	2:34	0.4	7:21	6:11	
26	Fri	9:09	4.6	9:26	3.8	2:34	0.4	3:12	0.4	7:22	6:10	
27	Sat	9:48	4.6	10:05	3.7	3:10	0.4	3:51	0.5	7:23	6:08	
28	Sun	10:28	4.6	10:46	3.6	3:48	0.4	4:32	0.6	7:24	6:07	
29	Mon	11:10	4.6	11:27	3.5	4:27	0.5	5:15	0.7	7:25	6:06	
30	Tue	11:53	4.5			5:09	0.6	6:02	0.8	7:26	6:05	
31	Wed	12:11	3.4	12:39	4.5	5:57	0.7	6:53	0.8	7:27	6:04	