
































Metompkin Inlet, VA - Nov 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:00	3.4	1:30	4.3	6:51	0.7	7:48	0.8	7:28	6:03	
2	Fri	1:56	3.4	2:27	4.2	7:50	0.8	8:43	0.7	7:29	6:02	
3	Sat	2:58	3.5	3:28	4.2	8:54	0.7	9:39	0.5	7:30	6:01	
4	Sun	3:03	3.7	3:30	4.2	8:59	0.5	9:35	0.3	6:31	5:00	
5	Mon	4:05	4.1	4:29	4.2	10:03	0.3	10:29	0.0	6:32	4:59	
6	Tue	5:03	4.5	5:25	4.2	11:06	0.0	11:22	-0.3	6:33	4:58	
7	Wed	5:58	4.9	6:19	4.2			12:05	-0.3	6:34	4:57	
8	Thu	6:50	5.2	7:10	4.1	12:14	-0.6	1:01	-0.5	6:35	4:56	
9	Fri	7:41	5.3	8:01	4.0	1:04	-0.8	1:53	-0.6	6:37	4:55	
10	Sat	8:32	5.3	8:52	3.9	1:53	-0.8	2:44	-0.6	6:38	4:54	
11	Sun	9:23	5.2	9:42	3.7	2:41	-0.7	3:35	-0.4	6:39	4:53	
12	Mon	10:13	5.0	10:32	3.5	3:30	-0.5	4:26	-0.2	6:40	4:53	
13	Tue	11:02	4.6	11:23	3.4	4:21	-0.2	5:19	0.1	6:41	4:52	
14	Wed	11:53	4.3			5:14	0.1	6:12	0.4	6:42	4:51	
15	Thu	12:16	3.2	12:44	4.0	6:10	0.4	7:06	0.6	6:43	4:50	
16	Fri	1:12	3.1	1:39	3.7	7:08	0.7	7:58	0.7	6:44	4:50	
17	Sat	2:11	3.1	2:35	3.5	8:07	0.9	8:47	0.8	6:45	4:49	
18	Sun	3:12	3.2	3:30	3.3	9:06	0.9	9:33	0.7	6:46	4:48	
19	Mon	4:07	3.4	4:22	3.3	10:03	0.9	10:17	0.7	6:47	4:48	
20	Tue	4:55	3.6	5:08	3.3	10:55	0.8	11:00	0.5	6:48	4:47	
21	Wed	5:39	3.9	5:52	3.4	11:43	0.7	11:41	0.4	6:49	4:47	
22	Thu	6:20	4.1	6:34	3.4			12:27	0.6	6:50	4:46	
23	Fri	7:01	4.3	7:16	3.5	12:22	0.3	1:08	0.4	6:51	4:46	
24	Sat	7:43	4.5	7:58	3.5	1:02	0.1	1:49	0.3	6:52	4:45	
25	Sun	8:24	4.6	8:40	3.5	1:42	0.1	2:30	0.2	6:53	4:45	
26	Mon	9:06	4.7	9:23	3.5	2:23	0.0	3:12	0.2	6:54	4:45	
27	Tue	9:49	4.7	10:07	3.5	3:05	0.0	3:56	0.2	6:55	4:44	
28	Wed	10:34	4.6	10:54	3.4	3:50	0.1	4:43	0.3	6:56	4:44	
29	Thu	11:20	4.5	11:43	3.4	4:39	0.2	5:32	0.3	6:57	4:44	
30	Fri			12:09	4.3	5:34	0.3	6:24	0.2	6:58	4:44	