
































Metompkin Inlet, VA - Apr 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:36	3.5	5:58	3.1	11:42	0.4	11:53	0.2	6:46	7:25	
2	Tue	6:29	3.5	6:46	3.3			12:31	0.3	6:44	7:26	
3	Wed	7:13	3.6	7:28	3.6	12:46	0.1	1:12	0.2	6:43	7:27	
4	Thu	7:52	3.6	8:07	3.8	1:32	0.0	1:48	0.2	6:41	7:28	
5	Fri	8:30	3.6	8:45	4.0	2:12	-0.1	2:23	0.1	6:40	7:29	
6	Sat	9:08	3.6	9:24	4.1	2:50	-0.1	2:57	0.1	6:38	7:30	
7	Sun	9:46	3.6	10:02	4.2	3:27	-0.1	3:31	0.1	6:37	7:31	
8	Mon	10:24	3.5	10:41	4.2	4:05	0.0	4:07	0.2	6:35	7:32	
9	Tue	11:02	3.5	11:21	4.1	4:43	0.1	4:44	0.3	6:34	7:32	
10	Wed	11:41	3.3			5:24	0.3	5:23	0.4	6:33	7:33	
11	Thu	12:01	4.1	12:22	3.2	6:07	0.5	6:06	0.6	6:31	7:34	
12	Fri	12:44	4.0	1:06	3.1	6:54	0.7	6:54	0.7	6:30	7:35	
13	Sat	1:32	3.9	1:55	3.1	7:45	0.8	7:48	0.7	6:28	7:36	
14	Sun	2:25	3.8	2:52	3.1	8:39	0.8	8:47	0.7	6:27	7:37	
15	Mon	3:25	3.8	3:54	3.3	9:35	0.7	9:48	0.5	6:26	7:38	
16	Tue	4:26	3.9	4:56	3.6	10:31	0.4	10:51	0.2	6:24	7:39	
17	Wed	5:25	4.0	5:54	4.0	11:26	0.1	11:53	-0.1	6:23	7:40	
18	Thu	6:21	4.2	6:48	4.4			12:20	-0.2	6:21	7:41	
19	Fri	7:15	4.3	7:41	4.8	12:52	-0.4	1:12	-0.5	6:20	7:42	
20	Sat	8:07	4.3	8:33	5.1	1:49	-0.8	2:02	-0.8	6:19	7:43	
21	Sun	8:59	4.3	9:25	5.3	2:42	-1.0	2:51	-1.0	6:17	7:43	
22	Mon	9:51	4.2	10:17	5.3	3:35	-1.0	3:40	-1.0	6:16	7:44	
23	Tue	10:42	4.0	11:09	5.1	4:28	-0.9	4:31	-0.9	6:15	7:45	
24	Wed	11:34	3.8			5:21	-0.7	5:23	-0.6	6:14	7:46	
25	Thu	12:02	4.8	12:27	3.6	6:16	-0.4	6:19	-0.3	6:12	7:47	
26	Fri	12:55	4.5	1:22	3.3	7:14	-0.1	7:17	0.0	6:11	7:48	
27	Sat	1:52	4.1	2:21	3.2	8:12	0.2	8:19	0.3	6:10	7:49	
28	Sun	2:52	3.8	3:25	3.1	9:11	0.4	9:22	0.5	6:09	7:50	
29	Mon	3:55	3.5	4:30	3.2	10:07	0.5	10:25	0.6	6:08	7:51	
30	Tue	4:55	3.4	5:28	3.3	10:59	0.5	11:25	0.6	6:06	7:52	