

Metompkin Inlet, VA - Oct 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:19	5.3	9:42	4.7	2:49	-0.5	3:23	-0.6	6:58	6:44	
2	Wed	10:09	5.4	10:32	4.5	3:36	-0.6	4:14	-0.5	6:59	6:43	
3	Thu	11:00	5.4	11:23	4.3	4:24	-0.6	5:08	-0.3	7:00	6:41	
4	Fri	11:53	5.2			5:14	-0.4	6:05	-0.1	7:01	6:40	
5	Sat	12:15	4.0	12:48	5.0	6:09	-0.2	7:05	0.2	7:02	6:38	
6	Sun	1:11	3.7	1:47	4.7	7:08	0.1	8:08	0.5	7:03	6:37	
7	Mon	2:13	3.5	2:52	4.4	8:11	0.4	9:13	0.6	7:04	6:35	
8	Tue	3:21	3.4	4:00	4.2	9:16	0.5	10:17	0.7	7:04	6:34	
9	Wed	4:32	3.4	5:07	4.0	10:22	0.6	11:16	0.6	7:05	6:33	
10	Thu	5:36	3.5	6:03	4.0	11:26	0.6			7:06	6:31	
11	Fri	6:28	3.7	6:50	4.0	12:08	0.5	12:23	0.5	7:07	6:30	
12	Sat	7:11	4.0	7:31	4.0	12:51	0.4	1:12	0.4	7:08	6:28	
13	Sun	7:51	4.2	8:09	3.9	1:29	0.4	1:55	0.3	7:09	6:27	
14	Mon	8:29	4.3	8:47	3.9	2:05	0.3	2:34	0.3	7:10	6:25	
15	Tue	9:07	4.4	9:25	3.9	2:39	0.3	3:12	0.3	7:11	6:24	
16	Wed	9:46	4.5	10:04	3.8	3:14	0.3	3:50	0.4	7:12	6:23	
17	Thu	10:25	4.5	10:43	3.7	3:49	0.4	4:28	0.5	7:13	6:21	
18	Fri	11:06	4.4	11:23	3.6	4:26	0.5	5:09	0.7	7:14	6:20	
19	Sat	11:47	4.3			5:05	0.7	5:52	0.9	7:15	6:19	
20	Sun	12:04	3.4	12:29	4.2	5:47	0.9	6:38	1.1	7:16	6:17	
21	Mon	12:48	3.3	1:16	4.1	6:34	1.0	7:28	1.2	7:17	6:16	
22	Tue	1:37	3.2	2:07	4.0	7:26	1.1	8:21	1.2	7:18	6:15	
23	Wed	2:32	3.3	3:03	4.0	8:24	1.1	9:15	1.1	7:19	6:13	
24	Thu	3:33	3.4	4:02	4.1	9:24	1.0	10:08	0.9	7:20	6:12	
25	Fri	4:33	3.7	5:00	4.2	10:25	0.8	11:01	0.6	7:21	6:11	
26	Sat	5:30	4.1	5:54	4.3	11:26	0.5	11:53	0.2	7:22	6:10	
27	Sun	6:24	4.5	6:47	4.4			12:24	0.1	7:23	6:09	
28	Mon	7:16	4.9	7:38	4.5	12:44	-0.2	1:20	-0.2	7:24	6:07	
29	Tue	8:07	5.3	8:29	4.5	1:34	-0.5	2:14	-0.5	7:25	6:06	
30	Wed	8:58	5.5	9:20	4.4	2:23	-0.7	3:07	-0.6	7:26	6:05	
31	Thu	9:50	5.6	10:12	4.2	3:12	-0.8	3:59	-0.6	7:27	6:04	