

Metompkin Inlet, VA - Jan 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:33	4.0	11:59	3.3	5:02	-0.5	5:44	-0.4	7:17	4:54	
2	Thu			12:20	3.6	5:56	-0.1	6:32	-0.2	7:17	4:55	
3	Fri	12:51	3.2	1:09	3.3	6:51	0.2	7:20	0.0	7:17	4:56	
4	Sat	1:45	3.1	2:00	3.0	7:48	0.4	8:08	0.2	7:17	4:57	
5	Sun	2:42	3.1	2:55	2.8	8:45	0.6	8:56	0.3	7:17	4:58	
6	Mon	3:40	3.2	3:50	2.7	9:43	0.7	9:45	0.3	7:17	4:59	
7	Tue	4:34	3.4	4:43	2.7	10:39	0.7	10:34	0.2	7:17	5:00	
8	Wed	5:23	3.6	5:32	2.8	11:31	0.6	11:21	0.1	7:17	5:00	
9	Thu	6:08	3.8	6:18	2.9			12:17	0.4	7:17	5:01	
10	Fri	6:51	4.0	7:02	3.1	12:07	-0.1	12:59	0.2	7:17	5:02	
11	Sat	7:33	4.1	7:45	3.2	12:50	-0.2	1:38	0.1	7:16	5:03	
12	Sun	8:15	4.3	8:28	3.3	1:33	-0.4	2:18	-0.1	7:16	5:04	
13	Mon	8:56	4.3	9:11	3.4	2:14	-0.4	2:57	-0.2	7:16	5:05	
14	Tue	9:37	4.3	9:54	3.5	2:57	-0.5	3:38	-0.2	7:16	5:06	
15	Wed	10:18	4.3	10:38	3.6	3:41	-0.4	4:20	-0.3	7:15	5:07	
16	Thu	11:00	4.1	11:24	3.6	4:28	-0.3	5:04	-0.3	7:15	5:08	
17	Fri	11:45	3.9			5:19	-0.2	5:51	-0.3	7:15	5:09	
18	Sat	12:14	3.7	12:34	3.7	6:15	-0.1	6:42	-0.3	7:14	5:11	
19	Sun	1:10	3.7	1:29	3.4	7:15	0.0	7:36	-0.3	7:14	5:12	
20	Mon	2:11	3.8	2:30	3.2	8:18	0.1	8:33	-0.4	7:13	5:13	
21	Tue	3:16	3.9	3:35	3.1	9:24	0.1	9:33	-0.5	7:13	5:14	
22	Wed	4:21	4.1	4:39	3.1	10:31	-0.1	10:34	-0.7	7:12	5:15	
23	Thu	5:22	4.3	5:39	3.2	11:34	-0.3	11:34	-0.9	7:12	5:16	
24	Fri	6:19	4.4	6:36	3.3			12:32	-0.5	7:11	5:17	
25	Sat	7:13	4.5	7:29	3.4	12:31	-1.1	1:24	-0.7	7:10	5:18	
26	Sun	8:03	4.5	8:20	3.5	1:24	-1.2	2:12	-0.8	7:10	5:19	
27	Mon	8:51	4.5	9:08	3.6	2:14	-1.2	2:57	-0.9	7:09	5:20	
28	Tue	9:36	4.3	9:55	3.6	3:02	-1.1	3:40	-0.8	7:08	5:21	
29	Wed	10:20	4.1	10:40	3.5	3:49	-0.9	4:23	-0.6	7:07	5:23	
30	Thu	11:03	3.8	11:25	3.5	4:36	-0.6	5:05	-0.4	7:07	5:24	
31	Fri	11:45	3.4			5:24	-0.2	5:49	-0.2	7:06	5:25	