

Metompkin Inlet, VA - Mar 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:12	3.4	11:34	3.6	4:53	-0.1	5:06	0.0	6:32	5:56	
2	Sun	11:54	3.2			5:38	0.2	5:49	0.2	6:31	5:57	
3	Mon	12:20	3.5	12:38	2.9	6:26	0.5	6:34	0.4	6:29	5:58	
4	Tue	1:09	3.4	1:28	2.8	7:17	0.7	7:24	0.6	6:28	5:59	
5	Wed	2:04	3.3	2:23	2.7	8:11	0.9	8:17	0.6	6:27	6:00	
6	Thu	3:04	3.3	3:22	2.7	9:08	0.9	9:13	0.6	6:25	6:01	
7	Fri	4:03	3.4	4:20	2.9	10:04	0.9	10:09	0.4	6:24	6:02	
8	Sat	4:57	3.6	5:13	3.1	10:57	0.7	11:04	0.2	6:22	6:03	
9	Sun	6:46	3.9	7:02	3.4			12:46	0.4	7:21	7:04	
10	Mon	7:33	4.1	7:49	3.8	12:55	-0.1	1:32	0.1	7:19	7:05	
11	Tue	8:18	4.3	8:35	4.1	1:44	-0.4	2:15	-0.2	7:18	7:06	
12	Wed	9:02	4.4	9:21	4.4	2:32	-0.7	2:58	-0.5	7:16	7:06	
13	Thu	9:47	4.4	10:07	4.5	3:19	-0.8	3:41	-0.7	7:15	7:07	
14	Fri	10:33	4.3	10:55	4.6	4:07	-0.9	4:25	-0.7	7:13	7:08	
15	Sat	11:19	4.1	11:44	4.6	4:57	-0.8	5:12	-0.7	7:12	7:09	
16	Sun			12:08	3.9	5:50	-0.6	6:02	-0.6	7:10	7:10	
17	Mon	12:36	4.5	12:59	3.6	6:46	-0.4	6:57	-0.4	7:09	7:11	
18	Tue	1:31	4.3	1:56	3.3	7:46	-0.1	7:56	-0.2	7:07	7:12	
19	Wed	2:33	4.1	2:59	3.1	8:50	0.1	8:58	-0.1	7:06	7:13	
20	Thu	3:40	3.9	4:08	3.1	9:55	0.2	10:04	-0.1	7:04	7:14	
21	Fri	4:50	3.8	5:16	3.1	11:01	0.2	11:10	-0.1	7:03	7:15	
22	Sat	5:54	3.8	6:17	3.3			12:02	0.1	7:01	7:16	
23	Sun	6:50	3.9	7:10	3.5	12:13	-0.2	12:55	-0.1	7:00	7:17	
24	Mon	7:39	3.9	7:56	3.7	1:09	-0.4	1:41	-0.2	6:58	7:18	
25	Tue	8:23	3.9	8:39	3.9	1:58	-0.5	2:21	-0.3	6:57	7:19	
26	Wed	9:04	3.8	9:20	4.0	2:43	-0.5	2:59	-0.3	6:55	7:19	
27	Thu	9:44	3.8	10:00	4.1	3:24	-0.5	3:35	-0.3	6:54	7:20	
28	Fri	10:23	3.7	10:40	4.1	4:04	-0.4	4:12	-0.2	6:52	7:21	
29	Sat	11:02	3.5	11:21	4.0	4:43	-0.2	4:49	0.0	6:51	7:22	
30	Sun	11:42	3.4			5:24	0.0	5:28	0.2	6:49	7:23	
31	Mon	12:02	3.9	12:22	3.2	6:07	0.3	6:09	0.4	6:48	7:24	