

Metompkin Inlet, VA - Jun 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:03	3.9	2:37	3.5	8:14	0.6	8:31	0.8	5:42	8:18	
2	Mon	2:56	3.8	3:34	3.7	9:04	0.5	9:31	0.7	5:41	8:19	
3	Tue	3:53	3.7	4:32	4.0	9:56	0.3	10:32	0.5	5:41	8:19	
4	Wed	4:52	3.7	5:30	4.4	10:49	0.0	11:33	0.2	5:41	8:20	
5	Thu	5:49	3.8	6:25	4.7	11:44	-0.2			5:41	8:21	
6	Fri	6:45	3.8	7:19	5.1	12:34	-0.1	12:39	-0.5	5:40	8:21	
7	Sat	7:40	3.9	8:13	5.3	1:31	-0.4	1:33	-0.8	5:40	8:22	
8	Sun	8:35	3.9	9:06	5.4	2:26	-0.6	2:26	-0.9	5:40	8:22	
9	Mon	9:30	3.9	10:00	5.4	3:20	-0.8	3:19	-1.0	5:40	8:23	
10	Tue	10:24	3.9	10:53	5.2	4:12	-0.8	4:12	-0.9	5:40	8:23	
11	Wed	11:18	3.9	11:45	4.9	5:05	-0.7	5:07	-0.7	5:40	8:24	
12	Thu			12:12	3.8	5:58	-0.6	6:03	-0.4	5:40	8:24	
13	Fri	12:37	4.6	1:07	3.7	6:52	-0.4	7:02	-0.1	5:40	8:25	
14	Sat	1:30	4.2	2:04	3.6	7:45	-0.2	8:03	0.2	5:40	8:25	
15	Sun	2:24	3.8	3:04	3.5	8:38	0.0	9:05	0.5	5:40	8:25	
16	Mon	3:21	3.4	4:05	3.6	9:29	0.2	10:06	0.6	5:40	8:26	
17	Tue	4:18	3.2	5:02	3.6	10:19	0.3	11:07	0.7	5:40	8:26	
18	Wed	5:13	3.1	5:53	3.8	11:07	0.4			5:40	8:26	
19	Thu	6:03	3.0	6:38	3.9	12:04	0.7	11:53 AM	0.4	5:40	8:27	
20	Fri	6:49	3.1	7:20	4.1	12:53	0.6	12:38	0.3	5:41	8:27	
21	Sat	7:33	3.1	8:02	4.2	1:37	0.5	1:21	0.3	5:41	8:27	
22	Sun	8:16	3.2	8:43	4.3	2:16	0.4	2:02	0.2	5:41	8:27	
23	Mon	8:59	3.3	9:24	4.4	2:54	0.4	2:42	0.2	5:41	8:27	
24	Tue	9:41	3.4	10:04	4.4	3:31	0.3	3:22	0.2	5:42	8:28	
25	Wed	10:23	3.4	10:44	4.4	4:09	0.3	4:03	0.2	5:42	8:28	
26	Thu	11:04	3.5	11:24	4.4	4:48	0.3	4:45	0.3	5:42	8:28	
27	Fri	11:46	3.5			5:29	0.3	5:29	0.4	5:43	8:28	
28	Sat	12:05	4.2	12:30	3.6	6:11	0.4	6:17	0.5	5:43	8:28	
29	Sun	12:47	4.1	1:16	3.6	6:55	0.4	7:09	0.6	5:43	8:28	
30	Mon	1:33	3.9	2:08	3.8	7:42	0.3	8:06	0.7	5:44	8:28	