

Metompkin Inlet, VA - Oct 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:42	4.0	7:09	4.4	12:24	0.3	12:39	0.1	6:58	6:45	
2	Thu	7:32	4.2	7:55	4.4	1:12	0.1	1:32	-0.1	6:59	6:43	
3	Fri	8:17	4.4	8:39	4.3	1:56	0.0	2:20	-0.1	7:00	6:42	
4	Sat	9:00	4.5	9:20	4.2	2:36	-0.1	3:04	-0.1	7:01	6:40	
5	Sun	9:42	4.6	10:01	4.0	3:15	-0.1	3:46	0.0	7:01	6:39	
6	Mon	10:23	4.6	10:42	3.9	3:53	0.1	4:28	0.2	7:02	6:37	
7	Tue	11:05	4.5	11:23	3.7	4:31	0.2	5:10	0.4	7:03	6:36	
8	Wed	11:47	4.4			5:11	0.5	5:54	0.7	7:04	6:34	
9	Thu	12:06	3.5	12:31	4.2	5:53	0.7	6:41	1.0	7:05	6:33	
10	Fri	12:50	3.3	1:18	4.0	6:39	1.0	7:30	1.2	7:06	6:31	
11	Sat	1:38	3.2	2:09	3.9	7:29	1.1	8:22	1.3	7:07	6:30	
12	Sun	2:32	3.1	3:05	3.8	8:23	1.2	9:15	1.4	7:08	6:29	
13	Mon	3:31	3.2	4:02	3.8	9:19	1.2	10:08	1.3	7:09	6:27	
14	Tue	4:30	3.4	4:58	4.0	10:16	1.1	10:58	1.1	7:10	6:26	
15	Wed	5:24	3.6	5:49	4.1	11:12	0.9	11:47	0.8	7:11	6:24	
16	Thu	6:14	4.0	6:36	4.3			12:06	0.7	7:12	6:23	
17	Fri	7:01	4.4	7:22	4.4	12:33	0.5	12:58	0.3	7:13	6:22	
18	Sat	7:47	4.7	8:08	4.5	1:18	0.2	1:47	0.0	7:14	6:20	
19	Sun	8:33	5.1	8:54	4.5	2:02	-0.1	2:36	-0.2	7:15	6:19	
20	Mon	9:20	5.3	9:42	4.5	2:47	-0.3	3:25	-0.3	7:15	6:18	
21	Tue	10:09	5.4	10:30	4.3	3:32	-0.4	4:15	-0.3	7:16	6:16	
22	Wed	10:59	5.4	11:21	4.1	4:20	-0.4	5:07	-0.2	7:17	6:15	
23	Thu	11:51	5.2			5:11	-0.3	6:03	0.0	7:18	6:14	
24	Fri	12:14	3.9	12:46	5.0	6:06	-0.1	7:02	0.2	7:19	6:13	
25	Sat	1:11	3.7	1:44	4.7	7:06	0.1	8:04	0.3	7:20	6:11	
26	Sun	2:13	3.5	2:47	4.4	8:10	0.3	9:06	0.4	7:21	6:10	
27	Mon	3:21	3.5	3:54	4.2	9:16	0.4	10:08	0.4	7:22	6:09	
28	Tue	4:31	3.6	4:59	4.0	10:23	0.4	11:06	0.3	7:23	6:08	
29	Wed	5:34	3.8	5:57	3.9	11:28	0.4	11:58	0.2	7:25	6:07	
30	Thu	6:28	4.0	6:47	3.9			12:27	0.3	7:26	6:05	
31	Fri	7:14	4.2	7:31	3.8	12:45	0.1	1:19	0.2	7:27	6:04	