

Metompkin Inlet, VA - Nov 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:57	4.4	8:13	3.8	1:28	0.0	2:05	0.1	7:28	6:03	
2	Sun	7:37	4.5	7:53	3.7	1:07	0.0	1:46	0.1	6:29	5:02	
3	Mon	8:17	4.5	8:34	3.7	1:44	0.0	2:25	0.1	6:30	5:01	
4	Tue	8:57	4.5	9:14	3.6	2:22	0.1	3:04	0.2	6:31	5:00	
5	Wed	9:38	4.5	9:55	3.5	2:59	0.2	3:44	0.4	6:32	4:59	
6	Thu	10:19	4.4	10:37	3.4	3:38	0.4	4:25	0.6	6:33	4:58	
7	Fri	11:01	4.2	11:20	3.2	4:19	0.6	5:09	0.8	6:34	4:57	
8	Sat	11:45	4.1			5:04	0.8	5:56	0.9	6:35	4:56	
9	Sun	12:06	3.2	12:31	3.9	5:52	1.0	6:44	1.0	6:36	4:55	
10	Mon	12:56	3.1	1:22	3.8	6:45	1.1	7:34	1.0	6:37	4:55	
11	Tue	1:52	3.2	2:16	3.7	7:41	1.1	8:24	0.9	6:38	4:54	
12	Wed	2:49	3.4	3:12	3.8	8:39	1.0	9:14	0.8	6:39	4:53	
13	Thu	3:46	3.7	4:06	3.8	9:37	0.8	10:04	0.5	6:40	4:52	
14	Fri	4:39	4.0	4:58	3.9	10:35	0.6	10:54	0.2	6:41	4:51	
15	Sat	5:30	4.5	5:49	4.1	11:31	0.2	11:43	-0.2	6:42	4:51	
16	Sun	6:19	4.8	6:38	4.1			12:25	-0.1	6:43	4:50	
17	Mon	7:09	5.2	7:29	4.2	12:32	-0.5	1:17	-0.4	6:44	4:49	
18	Tue	7:59	5.4	8:20	4.2	1:21	-0.7	2:08	-0.6	6:46	4:49	
19	Wed	8:50	5.4	9:11	4.1	2:10	-0.9	3:00	-0.6	6:47	4:48	
20	Thu	9:42	5.4	10:04	4.0	3:01	-0.8	3:53	-0.6	6:48	4:48	
21	Fri	10:35	5.2	10:59	3.8	3:54	-0.7	4:48	-0.4	6:49	4:47	
22	Sat	11:29	4.9	11:56	3.6	4:50	-0.5	5:45	-0.3	6:50	4:46	
23	Sun			12:25	4.5	5:50	-0.2	6:43	-0.1	6:51	4:46	
24	Mon	12:56	3.5	1:25	4.1	6:53	0.1	7:42	0.0	6:52	4:46	
25	Tue	2:02	3.5	2:27	3.8	7:59	0.3	8:40	0.1	6:53	4:45	
26	Wed	3:10	3.5	3:30	3.6	9:05	0.4	9:35	0.1	6:54	4:45	
27	Thu	4:13	3.6	4:28	3.4	10:10	0.4	10:27	0.1	6:55	4:44	
28	Fri	5:07	3.8	5:19	3.3	11:10	0.3	11:14	0.0	6:56	4:44	
29	Sat	5:53	4.0	6:04	3.3			12:02	0.3	6:57	4:44	
30	Sun	6:34	4.1	6:46	3.3			12:47	0.2	6:58	4:44	