

Metompkin Inlet, VA - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:13	4.0	5:55	-0.6	6:06	-0.5	5:44	8:28	
2	Thu	12:37	4.6	1:09	3.9	6:49	-0.5	7:06	-0.2	5:45	8:28	
3	Fri	1:31	4.2	2:07	3.9	7:43	-0.3	8:08	0.1	5:45	8:27	
4	Sat	2:26	3.8	3:08	3.8	8:37	-0.1	9:12	0.3	5:46	8:27	
5	Sun	3:24	3.5	4:11	3.8	9:30	0.0	10:16	0.5	5:46	8:27	
6	Mon	4:25	3.2	5:11	3.9	10:23	0.1	11:20	0.6	5:47	8:27	
7	Tue	5:22	3.1	6:04	3.9	11:15	0.2			5:47	8:27	
8	Wed	6:15	3.0	6:51	4.0	12:19	0.6	12:05	0.2	5:48	8:26	
9	Thu	7:02	3.1	7:34	4.2	1:10	0.5	12:52	0.2	5:49	8:26	
10	Fri	7:46	3.1	8:16	4.3	1:53	0.4	1:35	0.1	5:49	8:26	
11	Sat	8:29	3.2	8:56	4.3	2:31	0.4	2:17	0.1	5:50	8:25	
12	Sun	9:11	3.3	9:36	4.4	3:08	0.3	2:57	0.1	5:51	8:25	
13	Mon	9:53	3.4	10:16	4.4	3:44	0.3	3:36	0.2	5:51	8:24	
14	Tue	10:34	3.5	10:55	4.3	4:20	0.3	4:16	0.3	5:52	8:24	
15	Wed	11:15	3.5	11:34	4.2	4:57	0.4	4:58	0.4	5:53	8:23	
16	Thu	11:56	3.6			5:36	0.4	5:41	0.6	5:53	8:23	
17	Fri	12:13	4.1	12:38	3.6	6:16	0.5	6:27	0.7	5:54	8:22	
18	Sat	12:54	3.9	1:23	3.7	6:58	0.5	7:18	0.8	5:55	8:22	
19	Sun	1:38	3.7	2:13	3.8	7:43	0.5	8:12	0.9	5:56	8:21	
20	Mon	2:27	3.6	3:08	3.9	8:32	0.5	9:11	0.9	5:56	8:20	
21	Tue	3:23	3.5	4:06	4.1	9:24	0.4	10:11	0.7	5:57	8:20	
22	Wed	4:24	3.5	5:06	4.4	10:20	0.2	11:14	0.5	5:58	8:19	
23	Thu	5:24	3.5	6:05	4.7	11:18	0.0			5:59	8:18	
24	Fri	6:23	3.7	7:01	5.0	12:15	0.2	12:16	-0.3	6:00	8:18	
25	Sat	7:20	3.8	7:56	5.2	1:13	-0.1	1:14	-0.6	6:00	8:17	
26	Sun	8:16	4.0	8:50	5.3	2:08	-0.4	2:10	-0.9	6:01	8:16	
27	Mon	9:11	4.2	9:42	5.3	3:00	-0.6	3:04	-1.0	6:02	8:15	
28	Tue	10:05	4.3	10:34	5.2	3:50	-0.8	3:58	-0.9	6:03	8:14	
29	Wed	10:58	4.3	11:24	4.9	4:39	-0.8	4:52	-0.8	6:04	8:13	
30	Thu	11:51	4.3			5:29	-0.7	5:47	-0.5	6:04	8:12	
31	Fri	12:14	4.5	12:44	4.2	6:20	-0.5	6:45	-0.1	6:05	8:11	