

Metompkin Inlet, VA - Aug 2071

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:04	4.1	1:38	4.1	7:11	-0.2	7:44	0.2	6:06	8:11	
2	Sun	1:56	3.7	2:35	3.9	8:03	0.0	8:45	0.5	6:07	8:10	
3	Mon	2:51	3.3	3:36	3.8	8:55	0.3	9:48	0.7	6:08	8:09	
4	Tue	3:50	3.1	4:37	3.8	9:49	0.4	10:51	0.9	6:09	8:07	
5	Wed	4:50	3.0	5:34	3.9	10:42	0.5	11:51	0.9	6:09	8:06	
6	Thu	5:46	3.0	6:25	4.0	11:35	0.5			6:10	8:05	
7	Fri	6:35	3.1	7:09	4.1	12:42	0.8	12:25	0.5	6:11	8:04	
8	Sat	7:20	3.2	7:51	4.2	1:25	0.7	1:10	0.4	6:12	8:03	
9	Sun	8:03	3.4	8:31	4.3	2:02	0.6	1:53	0.3	6:13	8:02	
10	Mon	8:45	3.6	9:10	4.4	2:38	0.5	2:33	0.2	6:14	8:01	
11	Tue	9:26	3.7	9:49	4.4	3:13	0.4	3:13	0.2	6:15	8:00	
12	Wed	10:06	3.8	10:27	4.4	3:48	0.4	3:53	0.3	6:15	7:58	
13	Thu	10:46	3.9	11:06	4.3	4:24	0.4	4:33	0.3	6:16	7:57	
14	Fri	11:26	4.0	11:44	4.2	5:02	0.4	5:16	0.5	6:17	7:56	
15	Sat			12:08	4.1	5:41	0.4	6:02	0.6	6:18	7:55	
16	Sun	12:24	4.0	12:52	4.1	6:23	0.5	6:52	0.8	6:19	7:53	
17	Mon	1:08	3.8	1:41	4.1	7:09	0.5	7:47	0.9	6:20	7:52	
18	Tue	1:58	3.6	2:37	4.2	8:00	0.5	8:47	0.9	6:21	7:51	
19	Wed	2:55	3.5	3:39	4.3	8:56	0.5	9:49	0.8	6:21	7:50	
20	Thu	3:59	3.5	4:43	4.5	9:56	0.3	10:53	0.6	6:22	7:48	
21	Fri	5:04	3.6	5:45	4.7	10:58	0.1	11:55	0.4	6:23	7:47	
22	Sat	6:06	3.7	6:43	5.0	11:59	-0.2			6:24	7:46	
23	Sun	7:04	4.0	7:38	5.1	12:54	0.0	12:59	-0.5	6:25	7:44	
24	Mon	7:59	4.3	8:31	5.2	1:48	-0.3	1:56	-0.7	6:26	7:43	
25	Tue	8:53	4.5	9:22	5.1	2:38	-0.5	2:50	-0.8	6:27	7:41	
26	Wed	9:45	4.6	10:12	5.0	3:26	-0.7	3:42	-0.8	6:27	7:40	
27	Thu	10:36	4.7	11:00	4.7	4:13	-0.6	4:34	-0.6	6:28	7:39	
28	Fri	11:25	4.6	11:47	4.3	4:59	-0.5	5:26	-0.3	6:29	7:37	
29	Sat			12:15	4.5	5:46	-0.3	6:20	0.0	6:30	7:36	
30	Sun	12:35	4.0	1:05	4.3	6:35	0.0	7:16	0.4	6:31	7:34	
31	Mon	1:24	3.6	1:58	4.1	7:25	0.3	8:13	0.7	6:32	7:33	