

Metompkin Inlet, VA - Jul 2073

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:06	3.2	6:39	4.1	11:53	0.5			5:45	8:28	
2	Sun	6:54	3.3	7:24	4.4	12:45	0.7	12:40	0.3	5:45	8:27	
3	Mon	7:40	3.4	8:09	4.6	1:33	0.5	1:26	0.2	5:46	8:27	
4	Tue	8:26	3.5	8:54	4.8	2:18	0.3	2:11	0.0	5:46	8:27	
5	Wed	9:12	3.6	9:39	4.9	3:02	0.1	2:57	-0.1	5:47	8:27	
6	Thu	9:59	3.7	10:25	4.9	3:47	0.0	3:43	-0.2	5:47	8:27	
7	Fri	10:47	3.8	11:11	4.9	4:32	-0.1	4:31	-0.2	5:48	8:26	
8	Sat	11:35	3.8	11:59	4.8	5:19	-0.2	5:22	-0.1	5:48	8:26	
9	Sun			12:26	3.9	6:08	-0.2	6:17	0.0	5:49	8:26	
10	Mon	12:48	4.5	1:19	3.9	6:59	-0.1	7:16	0.1	5:50	8:25	
11	Tue	1:40	4.2	2:17	4.0	7:51	-0.1	8:18	0.2	5:50	8:25	
12	Wed	2:37	3.9	3:18	4.1	8:45	-0.1	9:22	0.3	5:51	8:25	
13	Thu	3:37	3.7	4:22	4.2	9:40	-0.1	10:28	0.3	5:52	8:24	
14	Fri	4:40	3.5	5:23	4.4	10:37	-0.2	11:33	0.2	5:52	8:24	
15	Sat	5:41	3.4	6:21	4.5	11:34	-0.2			5:53	8:23	
16	Sun	6:38	3.4	7:15	4.6	12:36	0.1	12:30	-0.3	5:54	8:23	
17	Mon	7:32	3.4	8:06	4.7	1:32	0.0	1:23	-0.4	5:55	8:22	
18	Tue	8:23	3.4	8:54	4.7	2:23	-0.1	2:13	-0.4	5:55	8:21	
19	Wed	9:11	3.5	9:39	4.6	3:09	-0.2	3:00	-0.4	5:56	8:21	
20	Thu	9:57	3.5	10:23	4.5	3:51	-0.2	3:45	-0.3	5:57	8:20	
21	Fri	10:42	3.5	11:06	4.4	4:33	-0.1	4:29	-0.1	5:58	8:19	
22	Sat	11:26	3.5	11:47	4.2	5:13	0.1	5:14	0.1	5:58	8:19	
23	Sun			12:09	3.5	5:54	0.2	5:59	0.4	5:59	8:18	
24	Mon	12:29	3.9	12:54	3.5	6:35	0.4	6:47	0.7	6:00	8:17	
25	Tue	1:11	3.7	1:40	3.5	7:16	0.6	7:37	0.9	6:01	8:16	
26	Wed	1:56	3.5	2:30	3.5	8:00	0.7	8:29	1.1	6:02	8:16	
27	Thu	2:45	3.3	3:23	3.6	8:45	0.8	9:23	1.2	6:02	8:15	
28	Fri	3:38	3.1	4:18	3.7	9:32	0.8	10:19	1.2	6:03	8:14	
29	Sat	4:33	3.1	5:12	3.9	10:22	0.8	11:15	1.1	6:04	8:13	
30	Sun	5:28	3.2	6:04	4.2	11:14	0.6			6:05	8:12	
31	Mon	6:20	3.3	6:53	4.5	12:10	0.9	12:06	0.4	6:06	8:11	