

Metompkin Inlet, VA - Jan 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:01	4.2	11:22	3.1	4:23	-0.5	5:14	-0.3	7:17	4:54	
2	Tue	11:47	3.8			5:13	-0.2	6:02	0.0	7:17	4:55	
3	Wed	12:11	3.0	12:34	3.5	6:05	0.1	6:48	0.1	7:17	4:56	
4	Thu	1:02	3.0	1:22	3.2	6:59	0.4	7:35	0.3	7:17	4:57	
5	Fri	1:57	3.0	2:14	3.0	7:55	0.6	8:21	0.4	7:17	4:58	
6	Sat	2:53	3.0	3:08	2.8	8:51	0.7	9:07	0.4	7:17	4:59	
7	Sun	3:49	3.2	4:02	2.8	9:48	0.7	9:54	0.3	7:17	5:00	
8	Mon	4:41	3.4	4:53	2.8	10:44	0.6	10:41	0.2	7:17	5:00	
9	Tue	5:29	3.6	5:41	2.9	11:35	0.5	11:28	0.1	7:17	5:01	
10	Wed	6:14	3.9	6:26	3.0			12:22	0.3	7:17	5:02	
11	Thu	6:58	4.1	7:11	3.1	12:14	-0.1	1:06	0.1	7:16	5:03	
12	Fri	7:41	4.3	7:55	3.2	12:58	-0.3	1:48	0.0	7:16	5:04	
13	Sat	8:25	4.5	8:39	3.3	1:41	-0.5	2:30	-0.2	7:16	5:05	
14	Sun	9:08	4.5	9:24	3.4	2:25	-0.6	3:13	-0.3	7:16	5:06	
15	Mon	9:52	4.5	10:10	3.5	3:09	-0.6	3:57	-0.3	7:15	5:07	
16	Tue	10:36	4.4	10:57	3.5	3:56	-0.6	4:42	-0.4	7:15	5:08	
17	Wed	11:22	4.3	11:47	3.5	4:47	-0.5	5:30	-0.4	7:15	5:09	
18	Thu			12:10	4.0	5:42	-0.3	6:20	-0.4	7:14	5:11	
19	Fri	12:41	3.6	1:03	3.7	6:41	-0.1	7:13	-0.3	7:14	5:12	
20	Sat	1:40	3.6	2:01	3.4	7:44	0.0	8:07	-0.4	7:13	5:13	
21	Sun	2:44	3.7	3:03	3.2	8:50	0.0	9:04	-0.4	7:13	5:14	
22	Mon	3:49	3.9	4:07	3.0	9:57	0.0	10:03	-0.5	7:12	5:15	
23	Tue	4:51	4.1	5:09	3.0	11:03	-0.1	11:02	-0.7	7:12	5:16	
24	Wed	5:50	4.2	6:06	3.1			12:05	-0.3	7:11	5:17	
25	Thu	6:44	4.4	6:59	3.1			12:59	-0.5	7:10	5:18	
26	Fri	7:35	4.4	7:50	3.2	12:52	-1.0	1:48	-0.6	7:10	5:19	
27	Sat	8:23	4.4	8:38	3.3	1:42	-1.0	2:33	-0.6	7:09	5:20	
28	Sun	9:09	4.3	9:23	3.3	2:29	-1.0	3:16	-0.6	7:08	5:21	
29	Mon	9:52	4.2	10:08	3.3	3:14	-0.8	3:57	-0.5	7:07	5:23	
30	Tue	10:34	4.0	10:51	3.3	3:59	-0.6	4:38	-0.3	7:07	5:24	
31	Wed	11:15	3.7	11:35	3.2	4:44	-0.3	5:19	-0.1	7:06	5:25	