

Metompkin Inlet, VA - Jun 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:30	4.1	2:00	3.3	7:46	0.6	7:50	0.7	5:42	8:18	
2	Sat	2:22	4.0	2:57	3.4	8:37	0.5	8:50	0.7	5:41	8:19	
3	Sun	3:19	3.9	3:57	3.7	9:30	0.4	9:52	0.5	5:41	8:19	
4	Mon	4:19	3.9	4:57	4.0	10:23	0.1	10:55	0.3	5:41	8:20	
5	Tue	5:18	3.9	5:54	4.4	11:17	-0.1	11:58	0.0	5:41	8:21	
6	Wed	6:15	3.9	6:49	4.8			12:11	-0.4	5:40	8:21	
7	Thu	7:10	3.9	7:42	5.1	12:58	-0.3	1:04	-0.6	5:40	8:22	
8	Fri	8:04	3.9	8:35	5.3	1:55	-0.6	1:56	-0.8	5:40	8:22	
9	Sat	8:58	3.9	9:28	5.3	2:50	-0.7	2:48	-0.9	5:40	8:23	
10	Sun	9:52	3.8	10:21	5.3	3:43	-0.8	3:39	-0.9	5:40	8:23	
11	Mon	10:45	3.7	11:13	5.0	4:35	-0.7	4:31	-0.7	5:40	8:24	
12	Tue	11:38	3.6			5:28	-0.5	5:25	-0.5	5:40	8:24	
13	Wed	12:05	4.7	12:31	3.5	6:22	-0.3	6:21	-0.1	5:40	8:25	
14	Thu	12:57	4.4	1:26	3.3	7:16	-0.1	7:19	0.2	5:40	8:25	
15	Fri	1:49	4.0	2:23	3.3	8:09	0.1	8:19	0.4	5:40	8:25	
16	Sat	2:44	3.7	3:22	3.3	9:00	0.3	9:19	0.6	5:40	8:26	
17	Sun	3:40	3.4	4:21	3.4	9:49	0.4	10:19	0.8	5:40	8:26	
18	Mon	4:35	3.2	5:15	3.5	10:36	0.5	11:17	0.8	5:40	8:26	
19	Tue	5:27	3.1	6:02	3.7	11:21	0.5			5:40	8:27	
20	Wed	6:15	3.1	6:46	3.9	12:10	0.7	12:04	0.5	5:41	8:27	
21	Thu	7:00	3.1	7:28	4.1	12:58	0.6	12:47	0.4	5:41	8:27	
22	Fri	7:43	3.2	8:09	4.3	1:41	0.5	1:28	0.3	5:41	8:27	
23	Sat	8:26	3.3	8:50	4.4	2:21	0.4	2:09	0.2	5:41	8:27	
24	Sun	9:08	3.3	9:32	4.5	3:01	0.3	2:49	0.2	5:42	8:28	
25	Mon	9:51	3.3	10:13	4.5	3:40	0.3	3:30	0.2	5:42	8:28	
26	Tue	10:33	3.4	10:55	4.5	4:20	0.3	4:11	0.2	5:42	8:28	
27	Wed	11:16	3.4	11:37	4.5	5:02	0.3	4:55	0.3	5:43	8:28	
28	Thu	11:59	3.4			5:45	0.3	5:42	0.4	5:43	8:28	
29	Fri	12:20	4.4	12:46	3.5	6:31	0.3	6:34	0.5	5:44	8:28	
30	Sat	1:06	4.2	1:36	3.6	7:19	0.3	7:30	0.5	5:44	8:28	