

Metompkin Inlet, VA - Jul 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:56	4.1	2:32	3.7	8:08	0.2	8:30	0.5	5:44	8:28	
2	Mon	2:51	3.9	3:31	3.9	9:00	0.1	9:32	0.5	5:45	8:27	
3	Tue	3:50	3.7	4:33	4.2	9:53	0.0	10:37	0.3	5:45	8:27	
4	Wed	4:51	3.6	5:32	4.5	10:49	-0.2	11:41	0.1	5:46	8:27	
5	Thu	5:51	3.6	6:30	4.8	11:45	-0.4			5:47	8:27	
6	Fri	6:49	3.6	7:25	5.0	12:43	-0.1	12:42	-0.5	5:47	8:27	
7	Sat	7:45	3.6	8:19	5.1	1:41	-0.3	1:37	-0.7	5:48	8:26	
8	Sun	8:40	3.7	9:12	5.2	2:36	-0.5	2:30	-0.8	5:48	8:26	
9	Mon	9:33	3.7	10:04	5.1	3:27	-0.6	3:22	-0.8	5:49	8:26	
10	Tue	10:25	3.7	10:54	4.9	4:17	-0.5	4:13	-0.6	5:50	8:25	
11	Wed	11:16	3.7	11:42	4.6	5:05	-0.4	5:04	-0.4	5:50	8:25	
12	Thu			12:05	3.6	5:53	-0.2	5:56	-0.1	5:51	8:25	
13	Fri	12:29	4.3	12:55	3.5	6:41	0.0	6:50	0.2	5:52	8:24	
14	Sat	1:16	3.9	1:46	3.5	7:29	0.2	7:45	0.5	5:52	8:24	
15	Sun	2:04	3.6	2:39	3.4	8:15	0.4	8:41	0.8	5:53	8:23	
16	Mon	2:55	3.3	3:34	3.5	9:01	0.6	9:38	0.9	5:54	8:23	
17	Tue	3:48	3.1	4:30	3.6	9:47	0.7	10:35	1.0	5:54	8:22	
18	Wed	4:43	3.0	5:22	3.7	10:34	0.7	11:30	1.0	5:55	8:22	
19	Thu	5:35	3.0	6:11	3.9	11:22	0.7			5:56	8:21	
20	Fri	6:25	3.1	6:57	4.1	12:22	0.9	12:10	0.6	5:57	8:20	
21	Sat	7:11	3.2	7:41	4.3	1:09	0.8	12:56	0.4	5:57	8:20	
22	Sun	7:56	3.3	8:24	4.5	1:52	0.6	1:41	0.3	5:58	8:19	
23	Mon	8:40	3.4	9:07	4.6	2:33	0.5	2:24	0.2	5:59	8:18	
24	Tue	9:24	3.6	9:49	4.7	3:14	0.3	3:07	0.1	6:00	8:17	
25	Wed	10:08	3.7	10:32	4.7	3:54	0.2	3:51	0.0	6:01	8:17	
26	Thu	10:51	3.8	11:14	4.7	4:36	0.1	4:36	0.1	6:01	8:16	
27	Fri	11:36	3.9	11:58	4.5	5:18	0.1	5:24	0.1	6:02	8:15	
28	Sat			12:23	4.0	6:03	0.1	6:16	0.2	6:03	8:14	
29	Sun	12:43	4.3	1:14	4.0	6:50	0.1	7:13	0.4	6:04	8:13	
30	Mon	1:33	4.1	2:08	4.1	7:40	0.1	8:13	0.5	6:05	8:12	
31	Tue	2:27	3.8	3:08	4.2	8:33	0.1	9:16	0.5	6:06	8:11	