

Metompkin Inlet, VA - Aug 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:28	3.6	4:12	4.4	9:29	0.1	10:22	0.5	6:06	8:10	
2	Thu	4:31	3.4	5:15	4.5	10:27	0.0	11:28	0.3	6:07	8:09	
3	Fri	5:34	3.4	6:16	4.7	11:27	-0.1			6:08	8:08	
4	Sat	6:34	3.5	7:12	4.9	12:31	0.2	12:26	-0.3	6:09	8:07	
5	Sun	7:31	3.6	8:06	4.9	1:29	0.0	1:23	-0.5	6:10	8:06	
6	Mon	8:24	3.7	8:57	4.9	2:21	-0.2	2:16	-0.6	6:11	8:05	
7	Tue	9:15	3.8	9:45	4.9	3:09	-0.3	3:06	-0.6	6:11	8:04	
8	Wed	10:03	3.9	10:31	4.7	3:53	-0.3	3:54	-0.5	6:12	8:03	
9	Thu	10:50	3.9	11:14	4.5	4:37	-0.2	4:42	-0.3	6:13	8:02	
10	Fri	11:36	3.9	11:57	4.2	5:19	0.0	5:29	0.0	6:14	8:01	
11	Sat			12:21	3.8	6:01	0.2	6:18	0.3	6:15	7:59	
12	Sun	12:40	3.9	1:06	3.7	6:44	0.4	7:08	0.7	6:16	7:58	
13	Mon	1:24	3.6	1:55	3.7	7:27	0.6	8:01	0.9	6:17	7:57	
14	Tue	2:12	3.3	2:47	3.6	8:12	0.8	8:55	1.1	6:17	7:56	
15	Wed	3:04	3.1	3:43	3.7	9:00	0.9	9:51	1.2	6:18	7:54	
16	Thu	4:00	3.0	4:40	3.8	9:50	1.0	10:48	1.3	6:19	7:53	
17	Fri	4:57	3.0	5:35	3.9	10:42	0.9	11:43	1.2	6:20	7:52	
18	Sat	5:50	3.1	6:25	4.2	11:35	0.8			6:21	7:51	
19	Sun	6:40	3.3	7:11	4.4	12:33	1.0	12:25	0.6	6:22	7:49	
20	Mon	7:27	3.5	7:56	4.6	1:19	0.8	1:14	0.4	6:23	7:48	
21	Tue	8:12	3.7	8:40	4.8	2:02	0.5	2:00	0.2	6:23	7:47	
22	Wed	8:57	4.0	9:23	4.9	2:44	0.3	2:45	0.0	6:24	7:45	
23	Thu	9:41	4.2	10:06	4.9	3:25	0.1	3:31	-0.1	6:25	7:44	
24	Fri	10:27	4.3	10:50	4.8	4:06	0.0	4:18	-0.1	6:26	7:42	
25	Sat	11:13	4.5	11:35	4.6	4:49	-0.1	5:08	-0.1	6:27	7:41	
26	Sun			12:01	4.6	5:34	-0.1	6:01	0.1	6:28	7:40	
27	Mon	12:22	4.3	12:52	4.6	6:22	0.0	6:58	0.3	6:28	7:38	
28	Tue	1:13	4.0	1:47	4.5	7:14	0.1	7:59	0.5	6:29	7:37	
29	Wed	2:08	3.7	2:48	4.5	8:10	0.2	9:04	0.6	6:30	7:35	
30	Thu	3:10	3.5	3:54	4.5	9:09	0.3	10:10	0.6	6:31	7:34	
31	Fri	4:18	3.3	5:01	4.5	10:11	0.3	11:17	0.6	6:32	7:32	