

Metompkin Inlet, VA - Jan 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:40	4.1	7:52	3.0	12:57	-0.1	1:50	0.1	7:17	4:54	
2	Wed	8:21	4.2	8:33	3.0	1:37	-0.2	2:28	0.1	7:17	4:55	
3	Thu	9:01	4.2	9:14	3.1	2:16	-0.2	3:06	0.1	7:17	4:56	
4	Fri	9:41	4.2	9:56	3.1	2:56	-0.2	3:45	0.1	7:17	4:57	
5	Sat	10:21	4.2	10:37	3.1	3:36	-0.1	4:26	0.1	7:17	4:57	
6	Sun	11:02	4.1	11:21	3.1	4:20	0.0	5:09	0.2	7:17	4:58	
7	Mon	11:44	3.9			5:07	0.1	5:53	0.2	7:17	4:59	
8	Tue	12:08	3.2	12:29	3.8	5:59	0.2	6:41	0.1	7:17	5:00	
9	Wed	12:59	3.3	1:20	3.6	6:57	0.3	7:30	0.0	7:17	5:01	
10	Thu	1:57	3.5	2:17	3.4	7:58	0.3	8:23	-0.1	7:17	5:02	
11	Fri	2:59	3.7	3:18	3.3	9:02	0.2	9:18	-0.3	7:17	5:03	
12	Sat	4:01	4.0	4:20	3.2	10:08	0.0	10:15	-0.5	7:16	5:04	
13	Sun	5:01	4.3	5:20	3.2	11:12	-0.2	11:13	-0.8	7:16	5:05	
14	Mon	5:59	4.6	6:17	3.3			12:13	-0.5	7:16	5:06	
15	Tue	6:55	4.8	7:13	3.4	12:10	-1.0	1:10	-0.7	7:15	5:07	
16	Wed	7:49	4.9	8:07	3.4	1:05	-1.2	2:02	-0.9	7:15	5:08	
17	Thu	8:42	4.9	9:00	3.5	1:58	-1.3	2:53	-0.9	7:15	5:09	
18	Fri	9:33	4.8	9:51	3.5	2:50	-1.3	3:42	-0.9	7:14	5:10	
19	Sat	10:22	4.5	10:42	3.4	3:41	-1.1	4:30	-0.7	7:14	5:11	
20	Sun	11:09	4.2	11:32	3.4	4:34	-0.8	5:19	-0.6	7:13	5:12	
21	Mon	11:56	3.8			5:27	-0.5	6:07	-0.3	7:13	5:14	
22	Tue	12:22	3.3	12:44	3.4	6:22	-0.1	6:55	-0.1	7:12	5:15	
23	Wed	1:15	3.2	1:34	3.0	7:19	0.2	7:42	0.1	7:12	5:16	
24	Thu	2:12	3.1	2:28	2.8	8:17	0.4	8:30	0.2	7:11	5:17	
25	Fri	3:10	3.1	3:24	2.6	9:17	0.6	9:19	0.3	7:10	5:18	
26	Sat	4:07	3.2	4:19	2.6	10:17	0.6	10:09	0.3	7:10	5:19	
27	Sun	5:00	3.4	5:11	2.6	11:13	0.6	10:59	0.2	7:09	5:20	
28	Mon	5:48	3.6	5:58	2.7			12:02	0.5	7:08	5:21	
29	Tue	6:33	3.8	6:43	2.9			12:44	0.3	7:08	5:22	
30	Wed	7:16	4.0	7:26	3.0	12:31	-0.1	1:24	0.2	7:07	5:23	
31	Thu	7:57	4.1	8:08	3.1	1:13	-0.3	2:02	0.1	7:06	5:25	