

Metompkin Inlet, VA - Mar 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:29	4.1	7:41	3.5	12:48	-0.2	1:30	0.1	6:33	5:56	
2	Sat	8:10	4.3	8:24	3.7	1:32	-0.4	2:09	-0.1	6:31	5:57	
3	Sun	8:51	4.3	9:06	3.9	2:15	-0.5	2:47	-0.3	6:30	5:58	
4	Mon	9:32	4.3	9:50	4.1	2:59	-0.6	3:27	-0.3	6:28	5:59	
5	Tue	10:14	4.2	10:34	4.2	3:45	-0.6	4:09	-0.4	6:27	6:00	
6	Wed	10:58	4.0	11:21	4.2	4:33	-0.4	4:53	-0.3	6:25	6:00	
7	Thu	11:44	3.7			5:26	-0.3	5:41	-0.2	6:24	6:01	
8	Fri	12:12	4.2	12:35	3.4	6:23	-0.1	6:34	-0.1	6:23	6:02	
9	Sat	1:09	4.1	1:33	3.1	7:25	0.1	7:32	0.0	6:21	6:03	
10	Sun	3:13	4.0	3:38	2.9	9:31	0.2	9:35	0.0	7:20	7:04	
11	Mon	4:22	4.0	4:48	2.9	10:38	0.2	10:40	-0.1	7:18	7:05	
12	Tue	5:31	4.1	5:54	3.1	11:45	0.1	11:46	-0.3	7:17	7:06	
13	Wed	6:33	4.2	6:53	3.3			12:46	-0.1	7:15	7:07	
14	Thu	7:29	4.3	7:46	3.5	12:47	-0.5	1:38	-0.3	7:14	7:08	
15	Fri	8:19	4.3	8:35	3.7	1:43	-0.7	2:24	-0.5	7:12	7:09	
16	Sat	9:06	4.3	9:21	3.9	2:33	-0.9	3:07	-0.6	7:11	7:10	
17	Sun	9:49	4.2	10:05	4.0	3:20	-0.9	3:46	-0.5	7:09	7:11	
18	Mon	10:31	4.0	10:48	4.0	4:05	-0.8	4:25	-0.4	7:08	7:12	
19	Tue	11:12	3.8	11:29	4.0	4:49	-0.5	5:03	-0.2	7:06	7:13	
20	Wed	11:52	3.5			5:33	-0.3	5:43	0.0	7:05	7:14	
21	Thu	12:11	3.9	12:33	3.2	6:18	0.1	6:24	0.3	7:03	7:15	
22	Fri	12:55	3.7	1:17	3.0	7:06	0.4	7:08	0.5	7:02	7:16	
23	Sat	1:42	3.6	2:05	2.8	7:56	0.7	7:57	0.7	7:00	7:17	
24	Sun	2:35	3.4	2:59	2.7	8:50	0.9	8:50	0.8	6:59	7:17	
25	Mon	3:34	3.4	3:58	2.7	9:46	1.0	9:46	0.8	6:57	7:18	
26	Tue	4:36	3.4	4:58	2.8	10:43	1.0	10:43	0.7	6:56	7:19	
27	Wed	5:33	3.6	5:52	3.0	11:37	0.9	11:39	0.5	6:54	7:20	
28	Thu	6:24	3.8	6:41	3.3			12:26	0.7	6:52	7:21	
29	Fri	7:11	4.0	7:27	3.6	12:32	0.3	1:11	0.4	6:51	7:22	
30	Sat	7:55	4.2	8:12	3.9	1:21	0.0	1:53	0.1	6:49	7:23	
31	Sun	8:39	4.3	8:56	4.3	2:08	-0.3	2:34	-0.2	6:48	7:24	