

Metompkin Inlet, VA - Jul 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:40	3.7			5:29	-0.6	5:29	-0.6	5:44	8:28	
2	Tue	12:08	4.8	12:35	3.7	6:23	-0.4	6:27	-0.3	5:45	8:28	
3	Wed	1:01	4.5	1:32	3.6	7:17	-0.2	7:28	0.0	5:45	8:27	
4	Thu	1:55	4.0	2:31	3.6	8:10	0.0	8:30	0.3	5:46	8:27	
5	Fri	2:50	3.6	3:32	3.6	9:01	0.1	9:33	0.5	5:46	8:27	
6	Sat	3:48	3.3	4:33	3.6	9:52	0.3	10:37	0.7	5:47	8:27	
7	Sun	4:45	3.1	5:28	3.8	10:41	0.3	11:38	0.7	5:48	8:27	
8	Mon	5:39	3.0	6:16	3.9	11:29	0.4			5:48	8:26	
9	Tue	6:28	3.0	7:00	4.0	12:34	0.7	12:15	0.4	5:49	8:26	
10	Wed	7:13	3.0	7:42	4.2	1:21	0.6	12:59	0.3	5:49	8:26	
11	Thu	7:56	3.1	8:24	4.3	2:02	0.5	1:41	0.3	5:50	8:25	
12	Fri	8:38	3.2	9:05	4.4	2:40	0.4	2:22	0.2	5:51	8:25	
13	Sat	9:20	3.2	9:46	4.4	3:17	0.4	3:02	0.2	5:51	8:24	
14	Sun	10:02	3.3	10:26	4.4	3:54	0.4	3:42	0.2	5:52	8:24	
15	Mon	10:44	3.4	11:06	4.4	4:31	0.4	4:23	0.3	5:53	8:23	
16	Tue	11:25	3.4	11:45	4.3	5:10	0.5	5:05	0.4	5:53	8:23	
17	Wed			12:07	3.5	5:50	0.5	5:50	0.6	5:54	8:22	
18	Thu	12:25	4.2	12:50	3.5	6:32	0.5	6:39	0.7	5:55	8:22	
19	Fri	1:08	4.0	1:38	3.6	7:15	0.5	7:33	0.7	5:56	8:21	
20	Sat	1:54	3.8	2:30	3.8	8:02	0.5	8:31	0.8	5:56	8:20	
21	Sun	2:47	3.6	3:28	4.0	8:51	0.4	9:32	0.7	5:57	8:20	
22	Mon	3:45	3.5	4:28	4.3	9:44	0.2	10:36	0.6	5:58	8:19	
23	Tue	4:47	3.4	5:28	4.6	10:41	0.1	11:39	0.3	5:59	8:18	
24	Wed	5:48	3.5	6:27	4.9	11:39	-0.2			6:00	8:18	
25	Thu	6:46	3.6	7:24	5.1	12:41	0.1	12:38	-0.4	6:00	8:17	
26	Fri	7:43	3.7	8:19	5.3	1:40	-0.2	1:35	-0.7	6:01	8:16	
27	Sat	8:39	3.8	9:13	5.3	2:34	-0.4	2:30	-0.8	6:02	8:15	
28	Sun	9:34	3.9	10:06	5.2	3:25	-0.5	3:24	-0.9	6:03	8:14	
29	Mon	10:27	4.0	10:56	5.0	4:15	-0.6	4:17	-0.8	6:04	8:13	
30	Tue	11:19	4.0	11:46	4.7	5:04	-0.5	5:11	-0.5	6:04	8:12	
31	Wed			12:11	4.0	5:53	-0.3	6:06	-0.2	6:05	8:11	