US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Feb 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:00	4.2	5:19	3.1	11:13	0.0	11:10	-0.6	7:05	5:25	
2	Sun	5:59	4.5	6:17	3.2			12:13	-0.3	7:04	5:27	
3	Mon	6:55	4.8	7:13	3.4	12:09	-0.9	1:09	-0.6	7:04	5:28	
4	Tue	7:50	4.9	8:07	3.6	1:05	-1.2	2:00	-0.9	7:03	5:29	
5	Wed	8:42	4.9	9:00	3.7	2:00	-1.4	2:50	-1.0	7:02	5:30	
6	Thu	9:33	4.8	9:52	3.8	2:53	-1.4	3:38	-1.0	7:01	5:31	
7	Fri	10:22	4.6	10:44	3.8	3:46	-1.3	4:26	-0.9	7:00	5:32	
8	Sat	11:10	4.2	11:35	3.8	4:40	-1.0	5:14	-0.8	6:59	5:33	
9	Sun	11:59	3.7			5:35	-0.6	6:03	-0.5	6:58	5:34	
10	Mon	12:27	3.6	12:48	3.3	6:33	-0.3	6:53	-0.3	6:57	5:35	
11	Tue	1:22	3.5	1:41	2.9	7:33	0.1	7:44	0.0	6:55	5:36	
12	Wed	2:21	3.4	2:39	2.6	8:36	0.4	8:37	0.2	6:54	5:38	
13	Thu	3:24	3.3	3:40	2.5	9:41	0.5	9:31	0.3	6:53	5:39	
14	Fri	4:26	3.3	4:39	2.5	10:45	0.6	10:27	0.3	6:52	5:40	
15	Sat	5:21	3.4	5:30	2.6	11:42	0.6	11:19	0.2	6:51	5:41	
16	Sun	6:09	3.6	6:16	2.7			12:27	0.5	6:50	5:42	
17	Mon	6:52	3.7	6:59	2.9	12:07	0.0	1:04	0.3	6:49	5:43	
18	Tue	7:33	3.9	7:40	3.1	12:50	-0.1	1:39	0.2	6:47	5:44	
19	Wed	8:12	4.0	8:21	3.2	1:30	-0.3	2:13	0.1	6:46	5:45	
20	Thu	8:50	4.0	9:00	3.4	2:09	-0.3	2:47	0.0	6:45	5:46	
21	Fri	9:27	4.0	9:40	3.5	2:48	-0.3	3:22	0.0	6:44	5:47	
22	Sat	10:04	3.9	10:19	3.6	3:28	-0.3	3:57	0.0	6:42	5:48	
23	Sun	10:41	3.8	10:59	3.7	4:10	-0.1	4:35	0.1	6:41	5:49	
24	Mon	11:19	3.6	11:41	3.7	4:54	0.0	5:14	0.1	6:40	5:50	
25	Tue			12:01	3.4	5:43	0.2	5:58	0.2	6:38	5:51	
26	Wed	12:29	3.8	12:49	3.2	6:38	0.3	6:48	0.2	6:37	5:52	
27	Thu	1:24	3.8	1:46	3.0	7:38	0.4	7:44	0.2	6:36	5:53	
28	Fri	2:27	3.9	2:50	2.9	8:42	0.4	8:45	0.1	6:34	5:54	
29	Sat	3:35	4.0	3:58	2.9	9:49	0.3	9:50	-0.2	6:33	5:55	