US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Apr 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:21	4.4	7:42	4.0	12:45	-0.5	1:27	-0.4	6:45	7:25	
2	Thu	8:13	4.4	8:33	4.2	1:42	-0.8	2:14	-0.6	6:44	7:26	
3	Fri	9:01	4.3	9:21	4.4	2:35	-0.9	2:58	-0.7	6:42	7:27	
4	Sat	9:47	4.2	10:07	4.5	3:24	-0.9	3:40	-0.7	6:41	7:28	
5	Sun	10:32	3.9	10:52	4.5	4:12	-0.8	4:22	-0.5	6:39	7:29	
6	Mon	11:16	3.7	11:37	4.4	5:00	-0.6	5:04	-0.3	6:38	7:30	
7	Tue			12:00	3.4	5:48	-0.2	5:47	0.0	6:36	7:31	
8	Wed	12:22	4.2	12:45	3.1	6:37	0.1	6:33	0.3	6:35	7:32	
9	Thu	1:09	3.9	1:32	2.9	7:29	0.5	7:23	0.6	6:34	7:33	
10	Fri	2:00	3.7	2:25	2.7	8:23	0.8	8:17	0.8	6:32	7:34	
11	Sat	2:58	3.5	3:24	2.7	9:19	1.0	9:14	0.9	6:31	7:35	
12	Sun	4:00	3.4	4:26	2.7	10:15	1.0	10:13	0.9	6:29	7:35	
13	Mon	5:01	3.4	5:23	2.9	11:09	1.0	11:10	0.8	6:28	7:36	
14	Tue	5:54	3.5	6:13	3.2	11:57	0.9			6:27	7:37	
15	Wed	6:41	3.7	6:58	3.5	12:04	0.6	12:39	0.7	6:25	7:38	
16	Thu	7:23	3.8	7:40	3.8	12:52	0.4	1:18	0.4	6:24	7:39	
17	Fri	8:04	3.9	8:21	4.1	1:38	0.2	1:56	0.2	6:22	7:40	
18	Sat	8:45	3.9	9:02	4.4	2:21	0.0	2:34	0.1	6:21	7:41	
19	Sun	9:26	3.9	9:44	4.6	3:04	-0.2	3:12	-0.1	6:20	7:42	
20	Mon	10:08	3.9	10:27	4.7	3:48	-0.3	3:52	-0.1	6:18	7:43	
21	Tue	10:51	3.7	11:11	4.7	4:33	-0.2	4:34	-0.1	6:17	7:44	
22	Wed	11:36	3.6	11:59	4.7	5:21	-0.1	5:19	0.0	6:16	7:45	
23	Thu			12:24	3.4	6:14	0.0	6:10	0.1	6:15	7:46	
24	Fri	12:51	4.6	1:17	3.2	7:11	0.2	7:08	0.2	6:13	7:46	
25	Sat	1:48	4.4	2:17	3.1	8:11	0.3	8:11	0.3	6:12	7:47	
26	Sun	2:52	4.2	3:24	3.1	9:13	0.4	9:17	0.3	6:11	7:48	
27	Mon	4:00	4.1	4:34	3.3	10:15	0.3	10:25	0.2	6:10	7:49	
28	Tue	5:06	4.1	5:38	3.6	11:15	0.1	11:31	0.0	6:08	7:50	
29	Wed	6:06	4.1	6:34	3.9			12:10	-0.1	6:07	7:51	
30	Thu	7:00	4.0	7:26	4.2	12:34	-0.2	12:59	-0.3	6:06	7:52	