US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Sep 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:03	4.1	11:22	4.1	4:38	0.5	4:53	0.5	6:33	7:30	
2	Wed	11:42	4.1			5:14	0.6	5:36	0.7	6:34	7:29	
3	Thu	12:00	3.9	12:23	4.2	5:52	0.7	6:23	0.8	6:35	7:27	
4	Fri	12:40	3.7	1:07	4.2	6:33	0.8	7:16	1.0	6:36	7:26	
5	Sat	1:25	3.5	1:59	4.2	7:21	0.8	8:13	1.1	6:36	7:24	
6	Sun	2:18	3.3	2:58	4.3	8:14	0.8	9:15	1.1	6:37	7:23	
7	Mon	3:20	3.3	4:03	4.4	9:14	0.7	10:19	1.0	6:38	7:21	
8	Tue	4:27	3.3	5:09	4.6	10:17	0.6	11:23	0.7	6:39	7:20	
9	Wed	5:32	3.5	6:10	4.9	11:21	0.3			6:40	7:18	
10	Thu	6:32	3.8	7:07	5.1	12:24	0.4	12:24	-0.1	6:41	7:16	
11	Fri	7:28	4.1	8:01	5.2	1:18	0.1	1:23	-0.4	6:41	7:15	
12	Sat	8:22	4.4	8:52	5.2	2:09	-0.2	2:18	-0.6	6:42	7:13	
13	Sun	9:14	4.7	9:42	5.0	2:56	-0.4	3:12	-0.7	6:43	7:12	
14	Mon	10:04	4.8	10:30	4.8	3:42	-0.5	4:04	-0.7	6:44	7:10	
15	Tue	10:54	4.9	11:18	4.4	4:27	-0.5	4:56	-0.4	6:45	7:09	
16	Wed	11:44	4.8			5:13	-0.3	5:50	-0.1	6:46	7:07	
17	Thu	12:06	4.0	12:33	4.6	6:00	0.0	6:46	0.3	6:46	7:06	
18	Fri	12:54	3.6	1:25	4.4	6:49	0.3	7:45	0.6	6:47	7:04	
19	Sat	1:46	3.3	2:21	4.1	7:42	0.6	8:47	0.9	6:48	7:02	
20	Sun	2:44	3.0	3:24	4.0	8:38	0.9	9:51	1.1	6:49	7:01	
21	Mon	3:48	2.9	4:30	3.9	9:37	1.0	10:55	1.2	6:50	6:59	
22	Tue	4:53	2.9	5:30	3.9	10:36	1.0	11:52	1.2	6:51	6:58	
23	Wed	5:50	3.1	6:21	4.0	11:33	1.0			6:52	6:56	
24	Thu	6:36	3.3	7:04	4.1	12:37	1.1	12:24	0.8	6:52	6:55	
25	Fri	7:18	3.6	7:44	4.2	1:14	0.9	1:09	0.7	6:53	6:53	
26	Sat	7:58	3.8	8:22	4.3	1:47	0.8	1:51	0.5	6:54	6:52	
27	Sun	8:37	4.1	8:59	4.3	2:20	0.6	2:31	0.4	6:55	6:50	
28	Mon	9:16	4.3	9:36	4.3	2:53	0.5	3:10	0.3	6:56	6:49	
29	Tue	9:54	4.4	10:14	4.2	3:27	0.4	3:50	0.4	6:57	6:47	
30	Wed	10:33	4.5	10:52	4.1	4:02	0.4	4:31	0.4	6:58	6:45	