

Metompkin Inlet, VA - Oct 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:13	4.6	11:32	3.9	4:38	0.5	5:15	0.6	6:58	6:44	
2	Fri	11:55	4.6			5:18	0.6	6:03	0.7	6:59	6:42	
3	Sat	12:14	3.7	12:42	4.6	6:02	0.7	6:56	0.9	7:00	6:41	
4	Sun	1:02	3.5	1:35	4.5	6:53	0.8	7:55	1.0	7:01	6:39	
5	Mon	1:57	3.3	2:36	4.4	7:51	0.8	8:58	1.0	7:02	6:38	
6	Tue	3:02	3.2	3:43	4.5	8:55	0.8	10:02	0.9	7:03	6:36	
7	Wed	4:12	3.3	4:50	4.5	10:02	0.6	11:04	0.7	7:04	6:35	
8	Thu	5:18	3.6	5:52	4.7	11:08	0.3			7:05	6:34	
9	Fri	6:18	3.9	6:48	4.8	12:02	0.3	12:12	0.0	7:06	6:32	
10	Sat	7:13	4.3	7:40	4.8	12:55	0.0	1:11	-0.3	7:07	6:31	
11	Sun	8:05	4.7	8:30	4.7	1:43	-0.3	2:06	-0.5	7:07	6:29	
12	Mon	8:54	4.9	9:18	4.6	2:29	-0.5	2:58	-0.6	7:08	6:28	
13	Tue	9:42	5.1	10:05	4.3	3:13	-0.5	3:48	-0.5	7:09	6:26	
14	Wed	10:30	5.1	10:51	4.0	3:56	-0.4	4:38	-0.3	7:10	6:25	
15	Thu	11:17	4.9	11:38	3.7	4:40	-0.2	5:28	0.0	7:11	6:24	
16	Fri			12:04	4.7	5:25	0.1	6:20	0.4	7:12	6:22	
17	Sat	12:25	3.4	12:53	4.4	6:13	0.4	7:16	0.7	7:13	6:21	
18	Sun	1:15	3.1	1:46	4.1	7:05	0.8	8:13	1.0	7:14	6:20	
19	Mon	2:09	3.0	2:44	3.9	8:01	1.0	9:13	1.2	7:15	6:18	
20	Tue	3:11	2.9	3:46	3.8	9:00	1.1	10:10	1.2	7:16	6:17	
21	Wed	4:15	2.9	4:47	3.7	9:59	1.2	11:02	1.2	7:17	6:16	
22	Thu	5:14	3.1	5:40	3.8	10:57	1.1	11:47	1.1	7:18	6:14	
23	Fri	6:03	3.4	6:25	3.9	11:50	0.9			7:19	6:13	
24	Sat	6:46	3.7	7:06	4.0	12:27	0.9	12:38	0.8	7:20	6:12	
25	Sun	7:27	4.0	7:45	4.1	1:03	0.7	1:23	0.6	7:21	6:11	
26	Mon	8:06	4.3	8:25	4.1	1:39	0.5	2:05	0.4	7:22	6:09	
27	Tue	8:46	4.5	9:04	4.0	2:15	0.3	2:46	0.3	7:23	6:08	
28	Wed	9:26	4.7	9:44	4.0	2:52	0.2	3:28	0.2	7:24	6:07	
29	Thu	10:07	4.8	10:26	3.8	3:29	0.2	4:11	0.2	7:25	6:06	
30	Fri	10:49	4.9	11:09	3.7	4:09	0.2	4:57	0.3	7:26	6:05	
31	Sat	11:35	4.8	11:55	3.5	4:52	0.3	5:47	0.4	7:27	6:04	