

Metompkin Inlet, VA - Nov 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:24	4.7	11:46	3.4	4:40	0.4	5:42	0.6	6:28	5:03	
2	Mon			12:18	4.6	5:35	0.5	6:41	0.7	6:29	5:02	
3	Tue	12:44	3.2	1:19	4.5	6:36	0.6	7:42	0.7	6:30	5:01	
4	Wed	1:49	3.2	2:24	4.3	7:42	0.6	8:44	0.6	6:31	5:00	
5	Thu	2:59	3.4	3:30	4.3	8:49	0.5	9:42	0.3	6:32	4:59	
6	Fri	4:05	3.7	4:32	4.3	9:56	0.3	10:38	0.1	6:33	4:58	
7	Sat	5:04	4.0	5:27	4.2	11:01	0.1	11:29	-0.2	6:34	4:57	
8	Sun	5:58	4.4	6:19	4.2			12:00	-0.2	6:36	4:56	
9	Mon	6:47	4.7	7:07	4.1	12:17	-0.4	12:54	-0.3	6:37	4:55	
10	Tue	7:35	4.9	7:54	3.9	1:02	-0.5	1:45	-0.4	6:38	4:54	
11	Wed	8:21	5.0	8:40	3.7	1:45	-0.5	2:33	-0.4	6:39	4:53	
12	Thu	9:06	4.9	9:26	3.5	2:28	-0.4	3:19	-0.2	6:40	4:52	
13	Fri	9:52	4.8	10:11	3.3	3:11	-0.2	4:06	0.0	6:41	4:52	
14	Sat	10:37	4.5	10:56	3.1	3:55	0.0	4:54	0.3	6:42	4:51	
15	Sun	11:24	4.3	11:44	3.0	4:41	0.3	5:44	0.6	6:43	4:50	
16	Mon			12:12	4.0	5:30	0.6	6:36	0.8	6:44	4:50	
17	Tue	12:35	2.9	1:04	3.8	6:23	0.8	7:28	1.0	6:45	4:49	
18	Wed	1:30	2.8	1:59	3.6	7:19	1.0	8:19	1.0	6:46	4:48	
19	Thu	2:30	2.9	2:56	3.5	8:17	1.1	9:07	1.0	6:47	4:48	
20	Fri	3:29	3.1	3:50	3.5	9:14	1.0	9:52	0.9	6:48	4:47	
21	Sat	4:22	3.3	4:39	3.5	10:09	0.9	10:35	0.7	6:49	4:47	
22	Sun	5:08	3.7	5:24	3.6	11:02	0.8	11:17	0.5	6:50	4:46	
23	Mon	5:52	4.0	6:07	3.6	11:51	0.5	11:58	0.2	6:51	4:46	
24	Tue	6:34	4.3	6:50	3.7			12:37	0.3	6:52	4:45	
25	Wed	7:16	4.6	7:33	3.7	12:39	0.0	1:22	0.1	6:53	4:45	
26	Thu	7:59	4.8	8:17	3.6	1:20	-0.1	2:07	0.0	6:54	4:45	
27	Fri	8:44	4.9	9:03	3.6	2:02	-0.2	2:53	-0.1	6:55	4:44	
28	Sat	9:31	5.0	9:50	3.5	2:46	-0.3	3:42	-0.1	6:56	4:44	
29	Sun	10:20	4.9	10:40	3.4	3:34	-0.2	4:33	0.0	6:57	4:44	
30	Mon	11:11	4.8	11:33	3.3	4:25	-0.2	5:27	0.1	6:58	4:44	