

Metompkin Inlet, VA - Jan 2077

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:16	3.4	1:39	3.7	7:14	-0.1	7:51	-0.3	7:17	4:55	
2	Sat	2:20	3.5	2:39	3.3	8:21	0.0	8:45	-0.3	7:17	4:55	
3	Sun	3:25	3.6	3:41	3.1	9:28	0.1	9:39	-0.3	7:17	4:56	
4	Mon	4:27	3.8	4:41	2.9	10:36	0.1	10:33	-0.3	7:17	4:57	
5	Tue	5:23	3.9	5:35	2.8	11:38	0.0	11:25	-0.4	7:17	4:58	
6	Wed	6:14	4.1	6:25	2.8			12:33	0.0	7:17	4:59	
7	Thu	7:01	4.1	7:11	2.8	12:14	-0.4	1:21	-0.1	7:17	5:00	
8	Fri	7:46	4.2	7:56	2.8	1:00	-0.5	2:03	-0.1	7:17	5:01	
9	Sat	8:28	4.2	8:39	2.9	1:44	-0.5	2:42	-0.1	7:17	5:02	
10	Sun	9:10	4.1	9:21	2.9	2:25	-0.5	3:20	0.0	7:17	5:03	
11	Mon	9:51	4.0	10:03	2.9	3:06	-0.4	3:58	0.1	7:16	5:04	
12	Tue	10:31	3.9	10:44	2.9	3:47	-0.2	4:37	0.2	7:16	5:05	
13	Wed	11:10	3.7	11:27	2.9	4:29	0.0	5:16	0.3	7:16	5:06	
14	Thu	11:50	3.5			5:14	0.2	5:55	0.4	7:16	5:07	
15	Fri	12:11	3.0	12:32	3.3	6:02	0.4	6:37	0.4	7:15	5:08	
16	Sat	12:58	3.0	1:16	3.1	6:53	0.6	7:19	0.5	7:15	5:09	
17	Sun	1:50	3.1	2:06	2.9	7:48	0.7	8:05	0.4	7:14	5:10	
18	Mon	2:45	3.3	3:01	2.8	8:45	0.7	8:54	0.4	7:14	5:11	
19	Tue	3:42	3.5	3:58	2.8	9:45	0.6	9:47	0.2	7:14	5:12	
20	Wed	4:38	3.8	4:54	2.8	10:46	0.4	10:41	-0.1	7:13	5:13	
21	Thu	5:32	4.1	5:48	3.0	11:44	0.2	11:37	-0.4	7:12	5:14	
22	Fri	6:25	4.4	6:41	3.1			12:38	-0.1	7:12	5:15	
23	Sat	7:17	4.7	7:33	3.3	12:30	-0.7	1:30	-0.4	7:11	5:16	
24	Sun	8:09	4.9	8:25	3.5	1:23	-1.0	2:19	-0.7	7:11	5:17	
25	Mon	9:00	5.0	9:17	3.6	2:15	-1.2	3:07	-0.8	7:10	5:18	
26	Tue	9:50	4.9	10:09	3.7	3:07	-1.3	3:56	-0.9	7:09	5:20	
27	Wed	10:39	4.6	11:02	3.8	4:00	-1.2	4:45	-0.8	7:09	5:21	
28	Thu	11:29	4.3	11:55	3.8	4:56	-0.9	5:35	-0.8	7:08	5:22	
29	Fri			12:19	3.8	5:55	-0.6	6:26	-0.6	7:07	5:23	
30	Sat	12:52	3.7	1:13	3.4	6:57	-0.3	7:19	-0.4	7:06	5:24	
31	Sun	1:52	3.7	2:11	3.0	8:02	0.0	8:13	-0.3	7:05	5:25	