

Metompkin Inlet, VA - Jul 2077

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:20	3.1	5:55	4.0	11:06	0.6			5:45	8:28	
2	Fri	6:10	3.1	6:42	4.3	12:01	0.8	11:54 AM	0.5	5:45	8:27	
3	Sat	6:59	3.2	7:29	4.5	12:53	0.6	12:42	0.3	5:46	8:27	
4	Sun	7:47	3.3	8:16	4.8	1:42	0.4	1:30	0.1	5:46	8:27	
5	Mon	8:35	3.4	9:04	4.9	2:30	0.2	2:18	-0.1	5:47	8:27	
6	Tue	9:23	3.5	9:53	5.1	3:17	0.0	3:07	-0.3	5:47	8:27	
7	Wed	10:13	3.6	10:42	5.1	4:04	-0.1	3:56	-0.3	5:48	8:26	
8	Thu	11:03	3.7	11:31	5.0	4:52	-0.1	4:48	-0.3	5:48	8:26	
9	Fri	11:55	3.7			5:41	-0.2	5:42	-0.2	5:49	8:26	
10	Sat	12:20	4.7	12:48	3.8	6:32	-0.2	6:41	0.0	5:50	8:25	
11	Sun	1:11	4.4	1:44	3.9	7:23	-0.1	7:43	0.1	5:50	8:25	
12	Mon	2:05	4.1	2:44	4.0	8:16	-0.1	8:47	0.3	5:51	8:25	
13	Tue	3:03	3.7	3:47	4.1	9:08	-0.1	9:53	0.4	5:52	8:24	
14	Wed	4:04	3.4	4:50	4.2	10:02	0.0	11:00	0.4	5:52	8:24	
15	Thu	5:06	3.2	5:49	4.4	10:57	0.0			5:53	8:23	
16	Fri	6:05	3.1	6:44	4.5	12:06	0.4	11:53 AM	0.0	5:54	8:23	
17	Sat	7:00	3.1	7:35	4.5	1:06	0.3	12:47	-0.1	5:55	8:22	
18	Sun	7:50	3.1	8:24	4.6	1:59	0.2	1:37	-0.1	5:55	8:21	
19	Mon	8:38	3.2	9:09	4.6	2:45	0.1	2:25	-0.1	5:56	8:21	
20	Tue	9:23	3.2	9:53	4.5	3:26	0.1	3:09	-0.1	5:57	8:20	
21	Wed	10:07	3.3	10:35	4.4	4:06	0.2	3:52	0.0	5:58	8:19	
22	Thu	10:50	3.3	11:15	4.3	4:44	0.3	4:35	0.1	5:58	8:19	
23	Fri	11:32	3.4	11:55	4.1	5:22	0.4	5:18	0.3	5:59	8:18	
24	Sat			12:15	3.4	6:01	0.5	6:03	0.6	6:00	8:17	
25	Sun	12:35	3.9	12:58	3.4	6:39	0.6	6:50	0.8	6:01	8:16	
26	Mon	1:16	3.6	1:44	3.5	7:19	0.8	7:41	1.0	6:02	8:15	
27	Tue	2:00	3.4	2:33	3.5	8:00	0.8	8:33	1.1	6:02	8:15	
28	Wed	2:48	3.2	3:26	3.6	8:44	0.9	9:29	1.2	6:03	8:14	
29	Thu	3:41	3.1	4:21	3.8	9:32	0.9	10:27	1.2	6:04	8:13	
30	Fri	4:37	3.0	5:17	4.1	10:23	0.8	11:25	1.0	6:05	8:12	
31	Sat	5:33	3.1	6:10	4.3	11:17	0.6			6:06	8:11	