

Metompkin Inlet, VA - Aug 2077

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:27	3.2	7:02	4.6	12:22	0.8	12:12	0.4	6:07	8:10	
2	Mon	7:19	3.4	7:53	4.9	1:16	0.5	1:06	0.1	6:07	8:09	
3	Tue	8:10	3.6	8:43	5.1	2:06	0.2	1:58	-0.2	6:08	8:08	
4	Wed	9:01	3.8	9:33	5.2	2:54	0.0	2:50	-0.5	6:09	8:07	
5	Thu	9:52	4.0	10:22	5.2	3:41	-0.2	3:41	-0.6	6:10	8:06	
6	Fri	10:44	4.2	11:11	5.0	4:28	-0.3	4:34	-0.6	6:11	8:05	
7	Sat	11:35	4.3			5:15	-0.4	5:29	-0.4	6:12	8:04	
8	Sun	12:00	4.7	12:28	4.4	6:04	-0.3	6:27	-0.2	6:13	8:03	
9	Mon	12:50	4.3	1:23	4.4	6:54	-0.2	7:28	0.1	6:13	8:01	
10	Tue	1:43	3.9	2:21	4.3	7:46	-0.1	8:32	0.4	6:14	8:00	
11	Wed	2:40	3.5	3:24	4.3	8:40	0.1	9:39	0.6	6:15	7:59	
12	Thu	3:42	3.2	4:30	4.2	9:37	0.3	10:48	0.7	6:16	7:58	
13	Fri	4:48	3.0	5:34	4.3	10:36	0.3	11:56	0.7	6:17	7:57	
14	Sat	5:51	3.0	6:32	4.3	11:36	0.3			6:18	7:55	
15	Sun	6:47	3.0	7:23	4.4	12:56	0.6	12:32	0.3	6:19	7:54	
16	Mon	7:35	3.2	8:09	4.4	1:45	0.5	1:23	0.2	6:19	7:53	
17	Tue	8:19	3.3	8:50	4.4	2:26	0.5	2:09	0.1	6:20	7:51	
18	Wed	9:01	3.4	9:29	4.4	3:02	0.4	2:51	0.1	6:21	7:50	
19	Thu	9:42	3.6	10:08	4.4	3:36	0.4	3:31	0.1	6:22	7:49	
20	Fri	10:22	3.7	10:45	4.3	4:10	0.4	4:11	0.2	6:23	7:48	
21	Sat	11:01	3.8	11:22	4.1	4:43	0.5	4:51	0.4	6:24	7:46	
22	Sun	11:41	3.8			5:18	0.6	5:33	0.6	6:24	7:45	
23	Mon	12:00	3.9	12:21	3.9	5:54	0.7	6:17	0.9	6:25	7:43	
24	Tue	12:38	3.6	1:03	3.9	6:31	0.9	7:05	1.1	6:26	7:42	
25	Wed	1:19	3.4	1:49	3.9	7:13	1.0	7:56	1.2	6:27	7:41	
26	Thu	2:05	3.2	2:41	3.9	7:59	1.1	8:53	1.3	6:28	7:39	
27	Fri	2:59	3.1	3:40	4.0	8:50	1.1	9:52	1.3	6:29	7:38	
28	Sat	4:00	3.0	4:42	4.2	9:47	1.0	10:53	1.2	6:30	7:36	
29	Sun	5:02	3.1	5:41	4.4	10:47	0.7	11:53	0.9	6:30	7:35	
30	Mon	6:00	3.4	6:37	4.7	11:47	0.4			6:31	7:33	
31	Tue	6:55	3.6	7:30	5.0	12:49	0.6	12:45	0.1	6:32	7:32	