

Metompkin Inlet, VA - Jan 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:27	4.2	10:42	3.0	3:42	-0.5	4:40	-0.1	7:17	4:54	
2	Sun	11:11	4.0	11:28	2.9	4:29	-0.3	5:24	0.1	7:17	4:55	
3	Mon	11:54	3.7			5:18	0.0	6:08	0.2	7:17	4:56	
4	Tue	12:16	2.9	12:39	3.4	6:09	0.3	6:51	0.4	7:17	4:57	
5	Wed	1:06	2.9	1:26	3.1	7:02	0.5	7:34	0.5	7:17	4:58	
6	Thu	1:59	3.0	2:16	2.9	7:57	0.7	8:17	0.5	7:17	4:59	
7	Fri	2:55	3.1	3:09	2.7	8:54	0.8	9:03	0.5	7:17	5:00	
8	Sat	3:50	3.3	4:03	2.7	9:51	0.8	9:50	0.4	7:17	5:00	
9	Sun	4:41	3.5	4:55	2.7	10:48	0.7	10:39	0.3	7:17	5:01	
10	Mon	5:30	3.7	5:43	2.8	11:40	0.5	11:27	0.1	7:17	5:02	
11	Tue	6:17	4.0	6:30	2.9			12:29	0.3	7:16	5:03	
12	Wed	7:04	4.2	7:16	3.0	12:15	-0.1	1:15	0.1	7:16	5:04	
13	Thu	7:49	4.5	8:03	3.1	1:02	-0.4	1:59	-0.1	7:16	5:05	
14	Fri	8:35	4.6	8:49	3.2	1:48	-0.6	2:43	-0.2	7:16	5:06	
15	Sat	9:21	4.7	9:36	3.3	2:34	-0.7	3:28	-0.3	7:15	5:07	
16	Sun	10:06	4.6	10:25	3.4	3:22	-0.7	4:13	-0.4	7:15	5:08	
17	Mon	10:53	4.5	11:14	3.5	4:12	-0.7	5:00	-0.4	7:15	5:10	
18	Tue	11:40	4.2			5:07	-0.5	5:48	-0.4	7:14	5:11	
19	Wed	12:07	3.6	12:30	3.8	6:05	-0.3	6:38	-0.4	7:14	5:12	
20	Thu	1:03	3.6	1:24	3.4	7:07	-0.1	7:31	-0.4	7:13	5:13	
21	Fri	2:05	3.7	2:23	3.1	8:12	0.0	8:25	-0.3	7:13	5:14	
22	Sat	3:09	3.8	3:27	2.8	9:20	0.1	9:22	-0.3	7:12	5:15	
23	Sun	4:15	3.9	4:31	2.7	10:30	0.1	10:22	-0.4	7:11	5:16	
24	Mon	5:16	4.0	5:31	2.7	11:36	0.0	11:21	-0.5	7:11	5:17	
25	Tue	6:13	4.2	6:26	2.8			12:34	-0.1	7:10	5:18	
26	Wed	7:06	4.2	7:17	2.9	12:16	-0.6	1:25	-0.2	7:10	5:19	
27	Thu	7:54	4.3	8:05	3.0	1:08	-0.7	2:09	-0.3	7:09	5:20	
28	Fri	8:39	4.2	8:49	3.0	1:54	-0.8	2:50	-0.3	7:08	5:22	
29	Sat	9:22	4.1	9:33	3.1	2:39	-0.7	3:28	-0.2	7:07	5:23	
30	Sun	10:02	4.0	10:15	3.1	3:22	-0.6	4:06	-0.2	7:07	5:24	
31	Mon	10:41	3.8	10:56	3.2	4:04	-0.4	4:43	0.0	7:06	5:25	