

Metompkin Inlet, VA - Mar 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:09	3.7	10:24	3.6	3:40	-0.3	4:01	0.0	6:32	5:56	
2	Wed	10:46	3.5	11:03	3.6	4:20	-0.1	4:36	0.2	6:31	5:57	
3	Thu	11:23	3.2	11:43	3.5	5:02	0.2	5:12	0.4	6:29	5:58	
4	Fri			12:03	3.0	5:47	0.4	5:52	0.5	6:28	5:59	
5	Sat	12:27	3.5	12:46	2.8	6:35	0.7	6:36	0.7	6:26	6:00	
6	Sun	1:16	3.4	1:36	2.6	7:29	0.9	7:27	0.7	6:25	6:01	
7	Mon	2:14	3.4	2:35	2.6	8:27	1.0	8:23	0.7	6:24	6:02	
8	Tue	3:18	3.5	3:38	2.6	9:28	0.9	9:24	0.5	6:22	6:03	
9	Wed	4:20	3.7	4:38	2.8	10:29	0.8	10:25	0.2	6:21	6:04	
10	Thu	5:17	4.0	5:34	3.1	11:26	0.5	11:23	-0.1	6:19	6:05	
11	Fri	6:10	4.3	6:26	3.5			12:17	0.1	6:18	6:06	
12	Sat	7:00	4.5	7:16	3.8	12:19	-0.5	1:04	-0.3	6:16	6:07	
13	Sun	8:48	4.7	9:05	4.2	1:11	-0.9	2:48	-0.6	7:15	7:07	
14	Mon	9:35	4.7	9:54	4.5	3:03	-1.1	3:32	-0.8	7:13	7:08	
15	Tue	10:23	4.5	10:44	4.7	3:54	-1.1	4:17	-0.9	7:12	7:09	
16	Wed	11:10	4.2	11:34	4.7	4:46	-1.0	5:02	-0.8	7:10	7:10	
17	Thu	11:58	3.9			5:40	-0.8	5:50	-0.6	7:09	7:11	
18	Fri	12:25	4.6	12:49	3.5	6:37	-0.5	6:42	-0.4	7:07	7:12	
19	Sat	1:20	4.4	1:43	3.1	7:39	-0.1	7:38	-0.1	7:06	7:13	
20	Sun	2:20	4.1	2:44	2.8	8:44	0.2	8:40	0.1	7:04	7:14	
21	Mon	3:28	3.8	3:54	2.6	9:53	0.4	9:46	0.2	7:03	7:15	
22	Tue	4:43	3.7	5:08	2.6	11:05	0.5	10:53	0.3	7:01	7:16	
23	Wed	5:53	3.7	6:11	2.8			12:10	0.5	7:00	7:17	
24	Thu	6:49	3.7	7:02	3.0			1:02	0.4	6:58	7:18	
25	Fri	7:35	3.8	7:45	3.2	12:54	0.0	1:42	0.3	6:57	7:19	
26	Sat	8:14	3.8	8:24	3.5	1:41	-0.1	2:16	0.2	6:55	7:20	
27	Sun	8:50	3.8	9:01	3.7	2:23	-0.2	2:47	0.1	6:54	7:20	
28	Mon	9:26	3.8	9:38	3.9	3:01	-0.2	3:18	0.1	6:52	7:21	
29	Tue	10:02	3.7	10:16	4.0	3:38	-0.2	3:49	0.1	6:51	7:22	
30	Wed	10:38	3.5	10:53	4.0	4:16	-0.1	4:22	0.2	6:49	7:23	
31	Thu	11:15	3.4	11:31	4.0	4:54	0.1	4:56	0.3	6:48	7:24	