

Metompkin Inlet, VA - May 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:06	3.0	5:56	0.6	5:43	0.7	6:05	7:52	
2	Mon	12:28	4.1	12:50	2.9	6:43	0.8	6:31	0.8	6:04	7:53	
3	Tue	1:15	4.0	1:39	2.9	7:35	0.9	7:26	0.8	6:03	7:54	
4	Wed	2:09	4.0	2:37	2.9	8:30	0.9	8:27	0.8	6:02	7:55	
5	Thu	3:09	3.9	3:41	3.1	9:26	0.7	9:30	0.6	6:01	7:56	
6	Fri	4:11	4.0	4:43	3.4	10:21	0.5	10:35	0.4	6:00	7:57	
7	Sat	5:11	4.0	5:42	3.9	11:15	0.2	11:39	0.1	5:59	7:58	
8	Sun	6:07	4.1	6:36	4.3			12:06	-0.1	5:58	7:59	
9	Mon	7:01	4.1	7:28	4.8	12:39	-0.2	12:56	-0.4	5:57	8:00	
10	Tue	7:53	4.1	8:20	5.1	1:37	-0.6	1:45	-0.6	5:56	8:01	
11	Wed	8:44	4.0	9:11	5.3	2:32	-0.8	2:33	-0.8	5:55	8:02	
12	Thu	9:36	3.9	10:03	5.3	3:25	-0.8	3:22	-0.8	5:54	8:02	
13	Fri	10:27	3.7	10:55	5.2	4:18	-0.7	4:11	-0.7	5:53	8:03	
14	Sat	11:19	3.5	11:47	4.9	5:11	-0.5	5:03	-0.4	5:52	8:04	
15	Sun			12:12	3.3	6:07	-0.2	5:57	-0.1	5:52	8:05	
16	Mon	12:41	4.6	1:07	3.1	7:05	0.1	6:56	0.2	5:51	8:06	
17	Tue	1:37	4.2	2:05	3.0	8:04	0.3	7:58	0.4	5:50	8:07	
18	Wed	2:37	3.8	3:10	2.9	9:02	0.5	9:01	0.6	5:49	8:08	
19	Thu	3:39	3.6	4:15	3.0	9:57	0.6	10:05	0.7	5:49	8:08	
20	Fri	4:39	3.4	5:13	3.2	10:47	0.6	11:06	0.7	5:48	8:09	
21	Sat	5:32	3.3	6:01	3.5	11:30	0.6			5:47	8:10	
22	Sun	6:17	3.3	6:43	3.7	12:02	0.7	12:10	0.6	5:47	8:11	
23	Mon	6:59	3.3	7:22	4.0	12:51	0.6	12:47	0.5	5:46	8:12	
24	Tue	7:39	3.2	8:01	4.2	1:34	0.5	1:24	0.4	5:45	8:12	
25	Wed	8:19	3.2	8:40	4.3	2:14	0.4	2:01	0.3	5:45	8:13	
26	Thu	9:00	3.2	9:20	4.4	2:52	0.3	2:39	0.3	5:44	8:14	
27	Fri	9:40	3.2	10:00	4.5	3:31	0.3	3:17	0.3	5:44	8:15	
28	Sat	10:21	3.2	10:42	4.5	4:11	0.3	3:56	0.4	5:43	8:15	
29	Sun	11:02	3.1	11:24	4.4	4:52	0.4	4:37	0.4	5:43	8:16	
30	Mon	11:45	3.1			5:36	0.5	5:22	0.5	5:42	8:17	
31	Tue	12:08	4.3	12:31	3.1	6:24	0.6	6:11	0.6	5:42	8:18	