

Metompkin Inlet, VA - Jun 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:55	4.3	1:21	3.1	7:13	0.6	7:07	0.6	5:42	8:18	
2	Thu	1:46	4.1	2:16	3.2	8:05	0.6	8:07	0.6	5:41	8:19	
3	Fri	2:41	4.0	3:17	3.4	8:56	0.4	9:11	0.6	5:41	8:19	
4	Sat	3:40	3.9	4:18	3.8	9:48	0.2	10:15	0.4	5:41	8:20	
5	Sun	4:40	3.8	5:18	4.2	10:41	0.0	11:20	0.2	5:41	8:21	
6	Mon	5:38	3.7	6:14	4.6	11:33	-0.2			5:40	8:21	
7	Tue	6:34	3.7	7:08	4.9	12:23	-0.1	12:26	-0.4	5:40	8:22	
8	Wed	7:28	3.6	8:01	5.1	1:23	-0.3	1:18	-0.6	5:40	8:22	
9	Thu	8:22	3.6	8:53	5.2	2:19	-0.5	2:10	-0.7	5:40	8:23	
10	Fri	9:15	3.5	9:46	5.2	3:12	-0.5	3:01	-0.7	5:40	8:23	
11	Sat	10:08	3.4	10:38	5.0	4:04	-0.5	3:52	-0.6	5:40	8:24	
12	Sun	11:00	3.3	11:29	4.8	4:55	-0.3	4:43	-0.4	5:40	8:24	
13	Mon	11:51	3.3			5:47	-0.1	5:37	-0.1	5:40	8:25	
14	Tue	12:20	4.5	12:43	3.2	6:40	0.1	6:32	0.2	5:40	8:25	
15	Wed	1:10	4.1	1:37	3.1	7:31	0.3	7:29	0.4	5:40	8:25	
16	Thu	2:01	3.8	2:33	3.1	8:21	0.5	8:28	0.7	5:40	8:26	
17	Fri	2:53	3.5	3:30	3.2	9:08	0.6	9:27	0.8	5:40	8:26	
18	Sat	3:47	3.2	4:26	3.3	9:52	0.6	10:25	0.9	5:40	8:26	
19	Sun	4:40	3.1	5:17	3.5	10:35	0.7	11:22	0.9	5:40	8:27	
20	Mon	5:30	3.0	6:04	3.8	11:18	0.6			5:41	8:27	
21	Tue	6:17	3.0	6:47	4.0	12:14	0.8	12:01	0.6	5:41	8:27	
22	Wed	7:02	3.0	7:30	4.2	1:02	0.7	12:44	0.5	5:41	8:27	
23	Thu	7:46	3.1	8:13	4.4	1:46	0.6	1:27	0.4	5:41	8:27	
24	Fri	8:30	3.1	8:55	4.5	2:27	0.5	2:10	0.3	5:42	8:28	
25	Sat	9:13	3.2	9:39	4.6	3:08	0.4	2:52	0.2	5:42	8:28	
26	Sun	9:56	3.2	10:22	4.6	3:49	0.3	3:34	0.2	5:42	8:28	
27	Mon	10:40	3.3	11:05	4.6	4:32	0.3	4:18	0.2	5:43	8:28	
28	Tue	11:25	3.3	11:49	4.6	5:15	0.3	5:05	0.2	5:43	8:28	
29	Wed			12:12	3.4	6:01	0.3	5:56	0.3	5:44	8:28	
30	Thu	12:35	4.4	1:02	3.5	6:48	0.3	6:51	0.4	5:44	8:28	