

Metompkin Inlet, VA - Nov 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:03	3.8	7:19	3.8	12:41	0.5	1:01	0.5	7:28	6:03	
2	Wed	7:40	4.0	7:56	3.7	1:16	0.4	1:44	0.4	7:29	6:02	
3	Thu	8:17	4.2	8:33	3.7	1:49	0.3	2:24	0.3	7:30	6:01	
4	Fri	8:53	4.4	9:10	3.6	2:22	0.3	3:01	0.3	7:31	6:00	
5	Sat	9:31	4.5	9:48	3.5	2:55	0.3	3:38	0.4	7:32	5:59	
6	Sun	9:09	4.5	9:27	3.4	2:29	0.4	3:17	0.5	6:33	4:58	
7	Mon	9:49	4.4	10:07	3.2	3:05	0.5	3:57	0.7	6:34	4:57	
8	Tue	10:30	4.3	10:47	3.1	3:43	0.7	4:39	0.8	6:35	4:56	
9	Wed	11:13	4.2	11:31	3.0	4:24	0.8	5:26	1.0	6:36	4:55	
10	Thu	11:59	4.1			5:10	0.9	6:17	1.1	6:37	4:54	
11	Fri	12:19	2.9	12:50	4.0	6:03	1.0	7:11	1.1	6:38	4:54	
12	Sat	1:15	2.9	1:46	4.0	7:02	1.0	8:05	1.0	6:39	4:53	
13	Sun	2:17	3.1	2:45	4.0	8:04	0.9	8:58	0.8	6:40	4:52	
14	Mon	3:19	3.4	3:44	4.0	9:07	0.7	9:49	0.5	6:41	4:51	
15	Tue	4:17	3.8	4:39	4.1	10:10	0.4	10:39	0.1	6:42	4:51	
16	Wed	5:11	4.3	5:32	4.1	11:11	0.1	11:29	-0.2	6:43	4:50	
17	Thu	6:03	4.7	6:23	4.1			12:09	-0.2	6:45	4:49	
18	Fri	6:53	5.1	7:14	4.1	12:17	-0.5	1:04	-0.5	6:46	4:49	
19	Sat	7:44	5.4	8:05	3.9	1:05	-0.8	1:57	-0.6	6:47	4:48	
20	Sun	8:36	5.5	8:57	3.8	1:54	-0.9	2:50	-0.6	6:48	4:47	
21	Mon	9:28	5.4	9:49	3.6	2:43	-0.8	3:44	-0.5	6:49	4:47	
22	Tue	10:22	5.2	10:43	3.4	3:35	-0.7	4:39	-0.3	6:50	4:46	
23	Wed	11:16	4.9	11:38	3.2	4:29	-0.4	5:37	0.0	6:51	4:46	
24	Thu			12:12	4.5	5:27	-0.1	6:38	0.2	6:52	4:46	
25	Fri	12:37	3.0	1:11	4.1	6:29	0.2	7:38	0.4	6:53	4:45	
26	Sat	1:42	3.0	2:13	3.8	7:34	0.5	8:35	0.5	6:54	4:45	
27	Sun	2:51	3.0	3:15	3.5	8:40	0.6	9:28	0.5	6:55	4:44	
28	Mon	3:55	3.2	4:11	3.4	9:44	0.7	10:14	0.5	6:56	4:44	
29	Tue	4:48	3.4	4:59	3.3	10:44	0.6	10:56	0.4	6:57	4:44	
30	Wed	5:31	3.6	5:42	3.2	11:36	0.6	11:34	0.3	6:58	4:44	