

Metompkin Inlet, VA - Jan 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:02	4.0	7:13	2.8	12:15	0.1	1:17	0.3	7:17	4:54	
2	Mon	7:44	4.1	7:55	2.9	12:57	0.0	1:56	0.3	7:17	4:55	
3	Tue	8:26	4.2	8:37	3.0	1:38	-0.1	2:34	0.2	7:17	4:56	
4	Wed	9:08	4.3	9:19	3.0	2:19	-0.2	3:14	0.2	7:17	4:57	
5	Thu	9:48	4.3	10:02	3.0	3:00	-0.2	3:54	0.1	7:17	4:58	
6	Fri	10:29	4.2	10:45	3.1	3:43	-0.2	4:36	0.1	7:17	4:58	
7	Sat	11:10	4.1	11:31	3.2	4:29	-0.1	5:19	0.1	7:17	4:59	
8	Sun	11:54	3.9			5:19	0.0	6:04	0.0	7:17	5:00	
9	Mon	12:20	3.3	12:41	3.7	6:15	0.1	6:51	0.0	7:17	5:01	
10	Tue	1:15	3.4	1:34	3.4	7:16	0.2	7:41	-0.1	7:17	5:02	
11	Wed	2:14	3.6	2:33	3.2	8:20	0.2	8:34	-0.2	7:16	5:03	
12	Thu	3:18	3.9	3:36	3.0	9:27	0.2	9:31	-0.3	7:16	5:04	
13	Fri	4:21	4.1	4:39	2.9	10:34	0.0	10:30	-0.5	7:16	5:05	
14	Sat	5:22	4.4	5:39	2.9	11:40	-0.1	11:29	-0.7	7:16	5:06	
15	Sun	6:20	4.6	6:36	3.0			12:40	-0.4	7:15	5:07	
16	Mon	7:16	4.7	7:31	3.1	12:27	-0.9	1:34	-0.5	7:15	5:08	
17	Tue	8:10	4.7	8:24	3.2	1:22	-1.1	2:24	-0.6	7:15	5:09	
18	Wed	9:01	4.7	9:15	3.3	2:14	-1.1	3:12	-0.6	7:14	5:10	
19	Thu	9:49	4.5	10:04	3.3	3:04	-1.0	3:57	-0.6	7:14	5:11	
20	Fri	10:34	4.2	10:52	3.3	3:54	-0.8	4:42	-0.4	7:13	5:12	
21	Sat	11:18	3.9	11:39	3.2	4:44	-0.5	5:26	-0.3	7:13	5:14	
22	Sun			12:02	3.5	5:36	-0.2	6:09	-0.1	7:12	5:15	
23	Mon	12:27	3.2	12:46	3.1	6:29	0.1	6:53	0.1	7:12	5:16	
24	Tue	1:18	3.1	1:34	2.8	7:24	0.4	7:37	0.3	7:11	5:17	
25	Wed	2:12	3.1	2:26	2.6	8:20	0.6	8:23	0.4	7:10	5:18	
26	Thu	3:09	3.2	3:23	2.4	9:19	0.8	9:12	0.4	7:10	5:19	
27	Fri	4:07	3.3	4:19	2.4	10:20	0.8	10:04	0.4	7:09	5:20	
28	Sat	5:01	3.4	5:12	2.5	11:16	0.7	10:56	0.3	7:08	5:21	
29	Sun	5:51	3.6	6:00	2.6			12:06	0.6	7:07	5:22	
30	Mon	6:37	3.8	6:46	2.8			12:50	0.4	7:07	5:23	
31	Tue	7:21	4.0	7:30	2.9	12:32	-0.1	1:30	0.2	7:06	5:25	