

Metompkin Inlet, VA - Mar 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:52	4.1	7:03	3.3	12:06	0.0	12:57	0.3	6:32	5:56	
2	Thu	7:35	4.3	7:47	3.6	12:53	-0.3	1:36	0.0	6:31	5:57	
3	Fri	8:17	4.4	8:31	3.8	1:39	-0.6	2:15	-0.3	6:30	5:58	
4	Sat	8:59	4.4	9:15	4.1	2:24	-0.7	2:54	-0.4	6:28	5:59	
5	Sun	9:41	4.3	10:00	4.3	3:10	-0.7	3:34	-0.5	6:27	6:00	
6	Mon	10:24	4.0	10:46	4.4	3:59	-0.7	4:17	-0.5	6:25	6:01	
7	Tue	11:09	3.7	11:36	4.3	4:51	-0.5	5:02	-0.4	6:24	6:01	
8	Wed	11:58	3.4			5:47	-0.2	5:52	-0.2	6:22	6:02	
9	Thu	12:30	4.2	12:51	3.0	6:47	0.1	6:48	-0.1	6:21	6:03	
10	Fri	1:31	4.1	1:54	2.8	7:53	0.3	7:50	0.0	6:20	6:04	
11	Sat	2:40	3.9	3:04	2.7	9:02	0.4	8:56	0.1	6:18	6:05	
12	Sun	4:53	3.9	5:16	2.7	11:13	0.4	11:05	0.0	7:17	7:06	
13	Mon	6:02	4.0	6:21	2.9			12:19	0.3	7:15	7:07	
14	Tue	7:02	4.1	7:17	3.2	12:11	-0.2	1:14	0.1	7:14	7:08	
15	Wed	7:52	4.1	8:06	3.4	1:10	-0.4	2:00	-0.1	7:12	7:09	
16	Thu	8:37	4.1	8:50	3.7	2:02	-0.6	2:40	-0.3	7:11	7:10	
17	Fri	9:19	4.0	9:32	3.8	2:48	-0.6	3:16	-0.3	7:09	7:11	
18	Sat	9:58	3.9	10:12	4.0	3:32	-0.6	3:51	-0.3	7:08	7:12	
19	Sun	10:36	3.7	10:52	4.0	4:13	-0.5	4:25	-0.2	7:06	7:13	
20	Mon	11:14	3.5	11:31	4.0	4:54	-0.3	5:01	0.0	7:05	7:14	
21	Tue	11:52	3.3			5:36	0.0	5:37	0.2	7:03	7:15	
22	Wed	12:11	3.9	12:32	3.0	6:20	0.3	6:17	0.5	7:02	7:16	
23	Thu	12:54	3.7	1:14	2.8	7:06	0.6	7:00	0.7	7:00	7:17	
24	Fri	1:41	3.5	2:02	2.6	7:57	0.9	7:50	0.8	6:59	7:17	
25	Sat	2:36	3.4	2:57	2.5	8:52	1.1	8:46	0.9	6:57	7:18	
26	Sun	3:38	3.4	3:59	2.6	9:51	1.2	9:45	0.9	6:55	7:19	
27	Mon	4:41	3.5	5:00	2.7	10:49	1.1	10:45	0.7	6:54	7:20	
28	Tue	5:39	3.7	5:56	3.0	11:44	0.9	11:43	0.4	6:52	7:21	
29	Wed	6:30	3.9	6:46	3.3			12:32	0.6	6:51	7:22	
30	Thu	7:17	4.1	7:33	3.7	12:37	0.1	1:17	0.3	6:49	7:23	
31	Fri	8:01	4.2	8:18	4.1	1:28	-0.2	1:59	-0.1	6:48	7:24	