

## Metompkin Inlet, VA - Jun 2079

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu | 10:25 | 3.6 | 10:56 | 5.3 | 4:18  | -0.6 | 4:09  | -0.7 | 5:42                                                                                | 8:18 |    |
| 2    | Fri | 11:20 | 3.5 | 11:51 | 5.0 | 5:13  | -0.4 | 5:04  | -0.5 | 5:41                                                                                | 8:19 |    |
| 3    | Sat |       |     | 12:15 | 3.4 | 6:09  | -0.2 | 6:02  | -0.3 | 5:41                                                                                | 8:19 |    |
| 4    | Sun | 12:46 | 4.7 | 1:13  | 3.3 | 7:07  | 0.0  | 7:04  | 0.0  | 5:41                                                                                | 8:20 |    |
| 5    | Mon | 1:43  | 4.3 | 2:14  | 3.2 | 8:04  | 0.1  | 8:08  | 0.3  | 5:41                                                                                | 8:21 |    |
| 6    | Tue | 2:41  | 3.9 | 3:19  | 3.3 | 8:59  | 0.2  | 9:13  | 0.5  | 5:40                                                                                | 8:21 |    |
| 7    | Wed | 3:41  | 3.6 | 4:23  | 3.4 | 9:51  | 0.3  | 10:18 | 0.6  | 5:40                                                                                | 8:22 |    |
| 8    | Thu | 4:40  | 3.3 | 5:20  | 3.6 | 10:40 | 0.4  | 11:22 | 0.6  | 5:40                                                                                | 8:22 |    |
| 9    | Fri | 5:33  | 3.2 | 6:08  | 3.8 | 11:25 | 0.4  |       |      | 5:40                                                                                | 8:23 |    |
| 10   | Sat | 6:20  | 3.0 | 6:50  | 4.0 | 12:19 | 0.6  | 12:07 | 0.4  | 5:40                                                                                | 8:23 |    |
| 11   | Sun | 7:04  | 3.0 | 7:31  | 4.1 | 1:09  | 0.5  | 12:48 | 0.4  | 5:40                                                                                | 8:24 |    |
| 12   | Mon | 7:46  | 3.0 | 8:11  | 4.2 | 1:52  | 0.5  | 1:29  | 0.3  | 5:40                                                                                | 8:24 |   |
| 13   | Tue | 8:27  | 3.0 | 8:51  | 4.3 | 2:31  | 0.4  | 2:08  | 0.3  | 5:40                                                                                | 8:25 |  |
| 14   | Wed | 9:09  | 3.0 | 9:33  | 4.4 | 3:09  | 0.4  | 2:48  | 0.3  | 5:40                                                                                | 8:25 |  |
| 15   | Thu | 9:50  | 3.1 | 10:14 | 4.4 | 3:46  | 0.4  | 3:27  | 0.3  | 5:40                                                                                | 8:25 |  |
| 16   | Fri | 10:32 | 3.1 | 10:56 | 4.3 | 4:25  | 0.5  | 4:07  | 0.4  | 5:40                                                                                | 8:26 |  |
| 17   | Sat | 11:13 | 3.1 | 11:37 | 4.3 | 5:05  | 0.6  | 4:49  | 0.5  | 5:40                                                                                | 8:26 |  |
| 18   | Sun | 11:56 | 3.1 |       |     | 5:47  | 0.6  | 5:33  | 0.6  | 5:40                                                                                | 8:26 |  |
| 19   | Mon | 12:18 | 4.2 | 12:39 | 3.1 | 6:29  | 0.7  | 6:21  | 0.7  | 5:40                                                                                | 8:27 |  |
| 20   | Tue | 1:00  | 4.0 | 1:26  | 3.2 | 7:14  | 0.7  | 7:14  | 0.8  | 5:41                                                                                | 8:27 |  |
| 21   | Wed | 1:46  | 3.9 | 2:18  | 3.4 | 7:59  | 0.6  | 8:11  | 0.8  | 5:41                                                                                | 8:27 |  |
| 22   | Thu | 2:36  | 3.7 | 3:14  | 3.6 | 8:45  | 0.5  | 9:11  | 0.7  | 5:41                                                                                | 8:27 |  |
| 23   | Fri | 3:31  | 3.6 | 4:12  | 3.9 | 9:34  | 0.3  | 10:14 | 0.6  | 5:41                                                                                | 8:27 |  |
| 24   | Sat | 4:29  | 3.5 | 5:10  | 4.3 | 10:25 | 0.1  | 11:18 | 0.4  | 5:42                                                                                | 8:28 |  |
| 25   | Sun | 5:28  | 3.4 | 6:06  | 4.7 | 11:19 | -0.1 |       |      | 5:42                                                                                | 8:28 |  |
| 26   | Mon | 6:26  | 3.4 | 7:02  | 5.0 | 12:20 | 0.1  | 12:15 | -0.3 | 5:42                                                                                | 8:28 |  |
| 27   | Tue | 7:22  | 3.4 | 7:58  | 5.2 | 1:20  | -0.1 | 1:10  | -0.5 | 5:43                                                                                | 8:28 |  |
| 28   | Wed | 8:18  | 3.5 | 8:53  | 5.3 | 2:17  | -0.3 | 2:06  | -0.7 | 5:43                                                                                | 8:28 |  |
| 29   | Thu | 9:13  | 3.5 | 9:48  | 5.3 | 3:11  | -0.4 | 3:00  | -0.8 | 5:43                                                                                | 8:28 |  |
| 30   | Fri | 10:08 | 3.5 | 10:42 | 5.2 | 4:04  | -0.5 | 3:54  | -0.7 | 5:44                                                                                | 8:28 |  |