

Metompkin Inlet, VA - Aug 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:22	3.9	6:03	-0.1	6:18	0.1	6:06	8:10	
2	Wed	12:42	4.0	1:10	3.8	6:47	0.1	7:13	0.4	6:07	8:09	
3	Thu	1:28	3.6	2:01	3.8	7:32	0.4	8:10	0.7	6:08	8:08	
4	Fri	2:16	3.2	2:54	3.7	8:17	0.6	9:08	1.0	6:09	8:07	
5	Sat	3:08	2.9	3:51	3.7	9:04	0.8	10:09	1.1	6:10	8:06	
6	Sun	4:05	2.8	4:49	3.7	9:54	0.9	11:10	1.2	6:10	8:05	
7	Mon	5:04	2.7	5:45	3.8	10:46	0.9			6:11	8:04	
8	Tue	5:58	2.8	6:35	4.0	12:07	1.2	11:39 AM	0.8	6:12	8:03	
9	Wed	6:47	2.9	7:22	4.2	12:57	1.1	12:30	0.7	6:13	8:02	
10	Thu	7:33	3.1	8:05	4.4	1:39	0.9	1:17	0.5	6:14	8:01	
11	Fri	8:16	3.3	8:47	4.5	2:17	0.8	2:01	0.3	6:15	8:00	
12	Sat	8:59	3.5	9:27	4.6	2:54	0.6	2:43	0.2	6:16	7:58	
13	Sun	9:41	3.7	10:06	4.6	3:30	0.5	3:25	0.2	6:16	7:57	
14	Mon	10:22	3.8	10:45	4.6	4:06	0.3	4:08	0.2	6:17	7:56	
15	Tue	11:04	4.0	11:24	4.4	4:43	0.3	4:53	0.2	6:18	7:55	
16	Wed	11:47	4.2			5:22	0.3	5:41	0.3	6:19	7:53	
17	Thu	12:05	4.2	12:32	4.3	6:03	0.3	6:33	0.5	6:20	7:52	
18	Fri	12:49	3.9	1:22	4.3	6:48	0.3	7:31	0.6	6:21	7:51	
19	Sat	1:38	3.6	2:17	4.4	7:38	0.4	8:33	0.8	6:22	7:50	
20	Sun	2:35	3.3	3:20	4.4	8:33	0.4	9:39	0.8	6:22	7:48	
21	Mon	3:40	3.1	4:28	4.5	9:34	0.4	10:47	0.8	6:23	7:47	
22	Tue	4:48	3.1	5:35	4.6	10:38	0.3	11:55	0.6	6:24	7:45	
23	Wed	5:54	3.2	6:37	4.8	11:43	0.1			6:25	7:44	
24	Thu	6:55	3.4	7:34	4.9	12:56	0.4	12:45	-0.2	6:26	7:43	
25	Fri	7:51	3.7	8:26	5.0	1:50	0.1	1:43	-0.4	6:27	7:41	
26	Sat	8:43	3.9	9:15	4.9	2:37	0.0	2:36	-0.5	6:27	7:40	
27	Sun	9:32	4.1	10:00	4.7	3:21	-0.2	3:26	-0.5	6:28	7:38	
28	Mon	10:19	4.2	10:44	4.5	4:02	-0.2	4:14	-0.3	6:29	7:37	
29	Tue	11:04	4.3	11:26	4.2	4:42	-0.1	5:02	-0.1	6:30	7:36	
30	Wed	11:48	4.2			5:22	0.1	5:50	0.3	6:31	7:34	
31	Thu	12:07	3.8	12:32	4.2	6:02	0.4	6:40	0.6	6:32	7:33	