

Metompkin Inlet, VA - Nov 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:09	2.8	2:43	3.8	7:55	1.2	9:02	1.4	7:27	6:03	
2	Thu	3:09	2.9	3:41	3.8	8:53	1.3	9:54	1.3	7:28	6:02	
3	Fri	4:10	3.1	4:37	3.8	9:53	1.2	10:42	1.1	7:29	6:01	
4	Sat	5:06	3.4	5:29	3.9	10:51	1.0	11:28	0.8	7:31	6:00	
5	Sun	4:57	3.8	5:16	4.0	10:47	0.7	11:13	0.4	6:32	4:59	
6	Mon	5:43	4.2	6:03	4.1	11:41	0.4	11:56	0.1	6:33	4:58	
7	Tue	6:29	4.7	6:49	4.1			12:33	0.0	6:34	4:57	
8	Wed	7:15	5.0	7:35	4.1	12:40	-0.2	1:23	-0.2	6:35	4:56	
9	Thu	8:02	5.3	8:23	4.0	1:24	-0.4	2:13	-0.3	6:36	4:56	
10	Fri	8:52	5.4	9:12	3.8	2:10	-0.5	3:04	-0.3	6:37	4:55	
11	Sat	9:43	5.4	10:04	3.6	2:57	-0.5	3:57	-0.2	6:38	4:54	
12	Sun	10:36	5.2	10:57	3.4	3:48	-0.4	4:53	0.0	6:39	4:53	
13	Mon	11:32	4.9	11:55	3.3	4:44	-0.2	5:54	0.2	6:40	4:52	
14	Tue			12:31	4.6	5:45	0.1	6:57	0.4	6:41	4:52	
15	Wed	12:58	3.1	1:35	4.3	6:51	0.3	7:59	0.4	6:42	4:51	
16	Thu	2:08	3.1	2:42	4.0	7:59	0.4	8:59	0.4	6:43	4:50	
17	Fri	3:21	3.3	3:47	3.8	9:09	0.5	9:55	0.3	6:44	4:49	
18	Sat	4:25	3.5	4:44	3.7	10:16	0.4	10:44	0.2	6:45	4:49	
19	Sun	5:18	3.8	5:33	3.5	11:17	0.4	11:28	0.1	6:46	4:48	
20	Mon	6:03	4.0	6:16	3.4			12:10	0.3	6:47	4:48	
21	Tue	6:43	4.2	6:57	3.3	12:08	0.1	12:56	0.2	6:48	4:47	
22	Wed	7:22	4.4	7:37	3.3	12:46	0.0	1:37	0.2	6:49	4:47	
23	Thu	8:01	4.4	8:16	3.2	1:23	0.1	2:16	0.2	6:50	4:46	
24	Fri	8:41	4.4	8:57	3.1	1:59	0.1	2:54	0.3	6:52	4:46	
25	Sat	9:22	4.4	9:37	3.1	2:37	0.2	3:33	0.4	6:53	4:45	
26	Sun	10:03	4.3	10:19	3.0	3:15	0.3	4:14	0.6	6:54	4:45	
27	Mon	10:45	4.1	11:01	2.9	3:56	0.5	4:57	0.8	6:55	4:45	
28	Tue	11:29	4.0	11:46	2.8	4:39	0.6	5:43	0.9	6:55	4:44	
29	Wed			12:14	3.9	5:27	0.8	6:31	1.0	6:56	4:44	
30	Thu	12:36	2.8	1:02	3.7	6:20	0.9	7:19	0.9	6:57	4:44	