

Metompkin Inlet, VA - Mar 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:59	4.0	4:20	2.8	10:17	0.4	10:11	-0.2	6:31	5:56	
2	Sat	5:06	4.2	5:24	3.0	11:22	0.1	11:17	-0.5	6:30	5:57	
3	Sun	6:06	4.4	6:23	3.3			12:19	-0.2	6:29	5:58	
4	Mon	7:01	4.5	7:17	3.6	12:17	-0.8	1:09	-0.5	6:27	5:59	
5	Tue	7:51	4.5	8:07	3.9	1:13	-1.0	1:54	-0.7	6:26	6:00	
6	Wed	8:38	4.4	8:55	4.1	2:05	-1.1	2:36	-0.8	6:24	6:01	
7	Thu	9:22	4.2	9:41	4.2	2:54	-1.1	3:17	-0.7	6:23	6:02	
8	Fri	10:06	3.9	10:26	4.2	3:42	-0.9	3:58	-0.6	6:21	6:03	
9	Sat	10:48	3.6	11:10	4.0	4:30	-0.5	4:39	-0.3	6:20	6:04	
10	Sun			12:30	3.2	6:19	-0.2	6:22	0.0	7:18	7:05	
11	Mon	12:55	3.8	1:15	2.9	7:10	0.2	7:07	0.3	7:17	7:06	
12	Tue	1:44	3.6	2:03	2.6	8:04	0.6	7:57	0.5	7:15	7:07	
13	Wed	2:39	3.4	2:58	2.4	9:02	0.9	8:52	0.7	7:14	7:08	
14	Thu	3:43	3.3	4:01	2.4	10:04	1.0	9:51	0.7	7:12	7:09	
15	Fri	4:49	3.3	5:04	2.5	11:06	1.1	10:51	0.7	7:11	7:10	
16	Sat	5:50	3.4	6:00	2.7			12:02	1.0	7:09	7:11	
17	Sun	6:40	3.6	6:48	3.0			12:47	0.8	7:08	7:12	
18	Mon	7:23	3.8	7:32	3.3	12:39	0.3	1:25	0.6	7:06	7:13	
19	Tue	8:03	3.9	8:14	3.6	1:25	0.1	2:00	0.3	7:05	7:14	
20	Wed	8:41	4.0	8:54	3.8	2:08	-0.1	2:35	0.1	7:03	7:15	
21	Thu	9:20	4.0	9:34	4.1	2:50	-0.3	3:10	0.0	7:02	7:15	
22	Fri	9:58	4.0	10:15	4.3	3:32	-0.3	3:46	-0.1	7:00	7:16	
23	Sat	10:38	3.8	10:56	4.4	4:15	-0.3	4:24	-0.1	6:59	7:17	
24	Sun	11:19	3.6	11:40	4.5	5:01	-0.3	5:04	-0.1	6:57	7:18	
25	Mon			12:03	3.4	5:50	-0.1	5:49	0.0	6:56	7:19	
26	Tue	12:28	4.4	12:50	3.2	6:44	0.1	6:40	0.1	6:54	7:20	
27	Wed	1:22	4.3	1:45	3.0	7:43	0.4	7:39	0.2	6:53	7:21	
28	Thu	2:24	4.1	2:49	2.8	8:48	0.5	8:44	0.3	6:51	7:22	
29	Fri	3:33	4.0	4:00	2.8	9:55	0.5	9:52	0.2	6:50	7:23	
30	Sat	4:45	4.0	5:11	3.0	11:01	0.4	11:02	0.0	6:48	7:24	
31	Sun	5:52	4.1	6:15	3.3			12:02	0.2	6:47	7:25	